

Herbalife Triathlon Sprint

WYNIKI ZAWODÓW / RESULTS LIST

printed: 09.08.2014 14:14:19

| | | | | | | | |
|--------------------------|-------------------|--------------------------------|-----------------|-------------------------|----------|------------------------|----------|
| Miejsce: | Gdynia | Dystans: | 750m,20,8km,5km | Temp. powietrza: | 25 st. C | Wilgotność: | 55% |
| Data: | 09.08.2014 | Start: | 09:59:52 | Temp. wody: | 20 st. C | Ciśnienie pow.: | 1002 hPa |
| | | Pływanie: | 750m | | | | |
| | | Rower: | 20,8km | | | | |
| Dyrektor Zawodów: | Piotr Netter | Bieg: | 5km | | | | |
| Sędzia Główny: | Maciej Jakubowski | Dobieg do sterfy zmian: | 398 m | | | | |
| Organizator: | Sport Evolution | Sterfa zmian: | 324m | | | | |

OPEN

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie | T1 Poz. po T1 | Rower | T2 Poz. po T2 | Bieg | Wynik Time | Strata Diff. |
|-------------|-----------|-------------------------|--------------|--------------------------------|------------|-----------------------|---------------|------------------|---------------|------------------|---------------|-----------------|-----------------|
| 1 | 2 | RAK MATEUSZ | | POL UKS TRI-TEAM RUMIA | 90M24/1 | M / 1 | 00:08:18 / 1 | 00:02:53 / 1 | 00:30:23 / 5 | 00:01:21 / 1 | 00:16:20 / 1 | 00:59:15 | 00:00:00 |
| 2 | 4 | SOWIŃSKI MIŁOSZ | | POL TRINERGY | 95M18/1 | M / 2 | 00:08:56 / 8 | 00:02:59 / 6 | 00:30:44 / 6 | 00:01:26 / 2 | 00:17:18 / 3 | 01:01:23 | 00:02:08 |
| 3 | 5 | STĘPŃIAK KACPER | | POL UKS TRI-TEAM RUMIA | 94M20/1 | M / 3 | 00:08:22 / 3 | 00:03:01 / 3 | 00:31:45 / 7 | 00:01:26 / 3 | 00:16:58 / 2 | 01:01:32 | 00:02:17 |
| 4 | 6 | KRAWCZYK JACEK | | POL UAM SZPOT TRIATHLON POZNAŃ | 96M18/2 | M / 4 | 00:08:19 / 2 | 00:03:00 / 2 | 00:32:50 / 12 | 00:01:23 / 4 | 00:18:18 / 11 | 01:03:50 | 00:04:35 |
| 5 | 569 | GOLINIEWSKI JAKUB | | POL KOLARSKI TEAM | 93M20/2 | M / 5 | 00:09:19 / 17 | 00:03:08 / 13 | 00:32:28 / 9 | 00:01:21 / 6 | 00:17:48 / 5 | 01:04:04 | 00:04:49 |
| 6 | 464 | ŁAWICKI PIOTR | | POL TS AKWEDUKT KIELCE | 95M18/3 | M / 6 | 00:08:58 / 11 | 00:03:07 / 7 | 00:33:16 / 15 | 00:01:20 / 7 | 00:17:43 / 4 | 01:04:24 | 00:05:09 |
| 7 | 581 | CHYDZIK PIOTR | | POL YNCA KRAKÓW | 95M18/4 | M / 7 | 00:08:27 / 4 | 00:03:05 / 4 | 00:33:48 / 24 | 00:01:25 / 8 | 00:18:06 / 9 | 01:04:51 | 00:05:36 |
| 8 | 540 | SMEDA BARTOSZ | | POL IRONMAN CS POLSKA | 86M24/2 | M / 8 | 00:08:56 / 7 | 00:03:14 / 9 | 00:33:22 / 18 | 00:01:29 / 10 | 00:17:57 / 6 | 01:04:58 | 00:05:43 |
| 9 | 566 | FEDEROV KOSTYA | | UKR NIEZRZESZONY | 82M30/1 | M / 9 | 00:08:57 / 10 | 00:03:12 / 8 | 00:33:27 / 20 | 00:01:31 / 11 | 00:18:04 / 8 | 01:05:11 | 00:05:56 |
| 10 | 470 | KRÓL HUBERT | | POL UAM SZPOT TRIATHLON POZNAŃ | 86M24/3 | M / 10 | 00:09:00 / 12 | 00:03:25 / 11 | 00:32:58 / 13 | 00:01:27 / 9 | 00:18:29 / 12 | 01:05:19 | 00:06:04 |
| 11 | 576 | KAFTAŃSKI LEOPOLD | | POL STOCKHOLM CITY TRIATHLON | 85M24/4 | M / 11 | 00:10:32 / 38 | 00:03:37 / 27 | 00:29:53 / 4 | 00:01:38 / 5 | 00:20:33 / 42 | 01:06:13 | 00:06:58 |
| 12 | 572 | LENARTOWICZ PAWEŁ | | POL G-8 BIELANY | 97M16/1 | M / 12 | 00:09:22 / 19 | 00:03:19 / 16 | 00:33:21 / 17 | 00:01:34 / 13 | 00:19:19 / 16 | 01:06:55 | 00:07:40 |
| 13 | 207 | KLIMKOWSKI SZYMON | | POL "UKL "ÓSEMKA"" | 94M20/3 | M / 13 | 00:09:53 / 25 | 00:03:24 / 24 | 00:34:23 / 34 | 00:01:22 / 15 | 00:18:02 / 7 | 01:07:04 | 00:07:49 |
| 14 | 238 | MALAK TOMASZ | | POL LESZNO TRIATHLON TEAM | 88M24/5 | M / 14 | 00:09:10 / 14 | 00:03:12 / 10 | 00:33:09 / 14 | 00:01:36 / 12 | 00:20:08 / 33 | 01:07:15 | 00:08:00 |
| 15 | 565 | WOSOV GEORGE | | UKR NIEZRZESZONY | 98M16/2 | M / 15 | 00:10:18 / 32 | 00:02:51 / 20 | 00:33:52 / 25 | 00:01:24 / 14 | 00:19:01 / 14 | 01:07:26 | 00:08:11 |
| 16 | 587 | SZCZERBIŃSKA MAŁGORZATA | | POL MKS TRIATHLON MALBORK | 91K20/1 | K / 1 | 00:09:49 / 23 | 00:03:21 / 21 | 00:34:32 / 38 | 00:01:36 / 17 | 00:18:12 / 10 | 01:07:30 | 00:08:15 |
| 17 | 564 | FEDCHENKO DAGHA | | UKR NIEZRZESZONY | 92K20/2 | K / 2 | 00:10:15 / 31 | 00:02:59 / 23 | 00:34:29 / 37 | 00:01:27 / 16 | 00:20:00 / 27 | 01:09:10 | 00:09:55 |
| 18 | 216 | GNAZDOWSKI JERZY | | POL ZKS DRZONKÓW | 96M18/5 | M / 16 | 00:08:53 / 6 | 00:03:42 / 15 | 00:36:35 / 94 | 00:01:35 / 24 | 00:19:19 / 17 | 01:10:04 | 00:10:49 |
| 19 | 479 | PIKORSKI DOMINIK | | POL OLSH | 93M20/4 | M / 17 | 00:10:46 / 41 | 00:03:57 / 35 | 00:33:42 / 23 | 00:01:47 / 21 | 00:20:06 / 31 | 01:10:18 | 00:11:03 |
| 20 | 543 | SZATEWICZ MICHAŁ | | POL KS HANZA GOLENIÓW | 90M24/6 | M / 18 | 00:11:38 / 51 | 00:04:05 / 46 | 00:32:31 / 10 | 00:01:39 / 19 | 00:20:28 / 40 | 01:10:21 | 00:11:06 |
| 21 | 318 | HADAS KRZYSZTOF | | POL CITIZEN | 96M18/6 | M / 19 | 00:12:48 / 88 | 00:03:48 / 65 | 00:33:28 / 19 | 00:01:41 / 36 | 00:18:42 / 13 | 01:10:27 | 00:11:12 |
| 22 | 512 | POLAŃSKI PIOTR | | POL AT TEAM | 81M30/2 | M / 20 | 00:11:52 / 58 | 00:04:02 / 50 | 00:33:29 / 21 | 00:01:37 / 28 | 00:19:50 / 22 | 01:10:50 | 00:11:35 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie | T1 Poz. po T1 | Rower | T2 Poz. po T2 | Bieg | Wynik Time | Strata Diff. |
|-------------|-----------|-------------------------|--------------|---|------------|-----------------------|----------------|------------------|----------------|------------------|----------------|---------------|-----------------|
| 23 | 441 | KOSTECKI KRZYSZTOF | | POL KUZNIA TRIATHLONU | 84M30/3 | M / 21 | 00:11:42 / 52 | 00:04:00 / 45 | 00:34:18 / 31 | 00:01:29 / 34 | 00:19:25 / 19 | 01:10:54 | 00:11:39 |
| 24 | 258 | KUDYK MATEUSZ | | POL ORKA IŁAWA | 96M18/7 | M / 22 | 00:11:49 / 56 | 00:03:55 / 47 | 00:33:35 / 22 | 00:01:37 / 26 | 00:20:03 / 29 | 01:10:59 | 00:11:44 |
| 25 | 579 | KACZMARCZYK KAROL | | POL UKS TRI SUSZ | 92M20/5 | M / 23 | 00:10:29 / 36 | 00:04:07 / 33 | 00:35:03 / 48 | 00:01:32 / 32 | 00:19:51 / 24 | 01:11:02 | 00:11:47 |
| 26 | 255 | SIELICKI GRZEGORZ | | POL UKS TRI-TEAM RUMIA | 96M18/8 | M / 24 | 00:10:06 / 27 | 00:04:25 / 31 | 00:35:03 / 47 | 00:01:40 / 33 | 00:19:52 / 25 | 01:11:06 | 00:11:51 |
| 27 | 557 | KARCZEWSKI MAKSYMILIAN | | POL UKS TRS SUSZ | 95M18/9 | M / 25 | | | 00:34:33 / 39 | 00:01:56 / 31 | 00:20:05 / 30 | 01:11:12 | 00:11:57 |
| 28 | 538 | GEBHARDT JAKUB | | POL BALTIX - PRACA W SKANDYNAWII | 79M35/1 | M / 26 | 00:12:01 / 62 | 00:04:09 / 59 | 00:32:07 / 8 | 00:02:05 / 22 | 00:20:56 / 55 | 01:11:18 | 00:12:03 |
| 29 | 326 | LITWIN AGATA | | POL SCOTT TRISFERA POLSKA | 92K20/3 | K / 3 | 00:10:58 / 43 | 00:01:28 / 12 | 00:36:55 / 109 | 00:01:38 / 27 | 00:20:34 / 43 | 01:11:33 | 00:12:18 |
| 30 | 467 | MICHALAK PIOTR | | POL UKS G-8 BIELANY | 97M16/3 | M / 27 | 00:09:24 / 20 | 00:03:22 / 17 | 00:35:43 / 62 | 00:01:34 / 20 | 00:21:38 / 73 | 01:11:41 | 00:12:26 |
| 31 | 531 | KRZEMIŃSKA MARIOLA | | POL SCOTT TRISFERA | 92K20/4 | K / 4 | 00:09:28 / 21 | 00:03:37 / 19 | 00:36:09 / 76 | 00:01:40 / 25 | 00:21:06 / 60 | 01:12:00 | 00:12:45 |
| 32 | 536 | KUPKA GRZEGORZ | | POL UAM SZPOT TRIATHLON POZNAŃ | 94M20/6 | M / 28 | 00:08:51 / 5 | 00:03:41 / 14 | 00:36:10 / 77 | 00:01:46 / 23 | 00:21:34 / 70 | 01:12:02 | 00:12:47 |
| 33 | 213 | WYSŁOUCH MICHAŁ | | POL NIEZRZESZONY | 84M30/4 | M / 29 | 00:11:56 / 60 | 00:03:59 / 51 | 00:34:59 / 45 | 00:01:52 / 40 | 00:19:22 / 18 | 01:12:08 | 00:12:53 |
| 34 | 254 | PAWLISZYN WOJCIECH | | POL UKS TRI-TEAM RUMIA | 97M16/4 | M / 30 | 00:10:09 / 30 | 00:04:43 / 36 | 00:35:43 / 61 | 00:01:49 / 38 | 00:19:50 / 23 | 01:12:14 | 00:12:59 |
| 35 | 515 | BULA PIOTR | | POL TRIBULA | 75M35/2 | M / 31 | 00:13:32 / 119 | 00:03:25 / 70 | 00:33:18 / 16 | 00:02:05 / 37 | 00:20:10 / 34 | 01:12:30 | 00:13:15 |
| 36 | 530 | STANOCH JAKUB | | POL NIEZRZESZONY | 83M30/5 | M / 32 | 00:09:45 / 22 | 00:04:38 / 30 | 00:34:55 / 43 | 00:01:47 / 30 | 00:22:00 / 85 | 01:13:05 | 00:13:50 |
| 37 | 463 | KWIETNIEWSKI MACIEJ | | POL TS AKWEDUKT KIELCE | 98M16/5 | M / 33 | 00:09:07 / 13 | 00:03:40 / 18 | 00:34:57 / 44 | 00:01:43 / 18 | 00:23:56 / 160 | 01:13:23 | 00:14:08 |
| 38 | 435 | MAKOWSKI KRZYSZTOF | | POL FITNESS SETUP | 92M20/7 | M / 34 | 00:09:17 / 16 | 00:04:27 / 25 | 00:37:06 / 121 | 00:01:48 / 39 | 00:20:47 / 49 | 01:13:25 | 00:14:10 |
| 39 | 232 | CICHOWSKI PATRYK | | POL SSP ORKA IŁAWA | 98M16/6 | M / 35 | 00:11:24 / 47 | 00:03:54 / 38 | 00:35:49 / 67 | 00:01:49 / 42 | 00:20:51 / 52 | 01:13:47 | 00:14:32 |
| 40 | 567 | CZAPLIKAS ALGIRDAS | | UKR NIEZRZESZONY | 99M16/7 | M / 36 | 00:10:38 / 39 | 00:03:26 / 26 | 00:37:05 / 118 | 00:01:40 / 41 | 00:21:03 / 58 | 01:13:52 | 00:14:37 |
| 41 | 368 | RUDZIŃSKA ALEKSANDRA | | POL UKS G-8 BIELANY | 94K20/5 | K / 5 | 00:10:19 / 33 | 00:05:03 / 40 | 00:35:43 / 63 | 00:01:58 / 44 | 00:20:55 / 54 | 01:13:58 | 00:14:43 |
| 42 | 452 | GIERSZEWSKI JAN | | POL PIĘTNASTKA BYDGOSZCZ | 98M16/8 | M / 37 | 00:09:22 / 18 | 00:03:51 / 22 | 00:36:14 / 78 | 00:01:38 / 29 | 00:23:29 / 139 | 01:14:34 | 00:15:19 |
| 43 | 88 | POPLAWSKI PIOTR | | POL CORNING RACE TEAM | 86M24/7 | M / 38 | 00:11:47 / 55 | 00:04:13 / 54 | 00:37:01 / 115 | 00:01:48 / 62 | 00:19:59 / 26 | 01:14:48 | 00:15:33 |
| 44 | 132 | BARCZEWSKI KRZYSZTOF | | POL TRI-SPORT NIEMCZ | 75M35/3 | M / 39 | 00:12:35 / 78 | 00:03:50 / 64 | 00:35:46 / 65 | 00:01:50 / 50 | 00:20:48 / 50 | 01:14:49 | 00:15:34 |
| 45 | 472 | GAWEL MICHAŁ | | POL UAM SZPOT TRIATHLON POZNAŃ | 94M20/8 | M / 40 | 00:10:25 / 34 | 00:05:08 / 41 | 00:36:57 / 113 | 00:01:51 / 54 | 00:20:29 / 41 | 01:14:50 | 00:15:35 |
| 46 | 125 | SIECIŃSKI EMILIAN | | POL NIEZRZESZONY | 91M20/9 | M / 41 | 00:12:22 / 72 | 00:04:34 / 68 | 00:35:33 / 58 | 00:01:35 / 51 | 00:20:50 / 51 | 01:14:54 | 00:15:39 |
| 47 | 444 | NATKANIEC JAKUB | | POL NIEZRZESZONY | 79M35/4 | M / 42 | 00:14:08 / 169 | 00:01:31 / 44 | 00:35:26 / 56 | 00:01:58 / 45 | 00:21:52 / 82 | 01:14:55 | 00:15:40 |
| 48 | 459 | SADEL GRZEGORZ | | POL ZIELONOGÓRSKI KLUB SPORTOWY DRZONKÓW | 71M40/1 | M / 43 | 00:10:07 / 28 | 00:04:26 / 32 | 00:34:37 / 40 | 00:02:23 / 35 | 00:23:23 / 133 | 01:14:56 | 00:15:41 |
| 49 | 147 | SYGUŁA MATEUSZ | | POL KOLARSKI TEAM | 79M35/5 | M / 44 | 00:16:08 / 302 | 00:01:35 / 89 | 00:34:16 / 28 | 00:01:37 / 46 | 00:21:27 / 68 | 01:15:03 | 00:15:48 |
| 50 | 410 | ŁAKMSKI OLEK | | POL LUFT TRI TEAM | 75M35/6 | M / 45 | 00:12:05 / 65 | 00:04:04 / 57 | 00:34:40 / 41 | 00:02:08 / 43 | 00:22:15 / 95 | 01:15:12 | 00:15:57 |
| 51 | 325 | BRZozowski FRANCISZEK | | POL MIŁOMŁYN | 92M20/10 | M / 46 | 00:13:03 / 95 | 00:04:30 / 86 | 00:36:08 / 75 | 00:01:45 / 69 | 00:20:01 / 28 | 01:15:27 | 00:16:12 |
| 52 | 432 | BRZozowski PIOTR | | POL WWW.BRZozowskiPIOTR.PL | 81M30/6 | M / 47 | 00:13:53 / 149 | 00:04:05 / 99 | 00:35:46 / 64 | 00:01:32 / 67 | 00:20:13 / 35 | 01:15:29 | 00:16:14 |
| 53 | 481 | PIKORSKI DAWID | | POL OLSH | 90M24/8 | M / 48 | 00:12:47 / 87 | 00:04:26 / 79 | 00:34:55 / 42 | 00:01:37 / 47 | 00:21:44 / 77 | 01:15:29 | 00:16:14 |
| 54 | 297 | GRZYBOWSKI MICHAŁ | | POL KOLARSKI TEAM | 88M24/9 | M / 49 | 00:13:10 / 97 | 00:03:49 / 72 | 00:35:31 / 57 | 00:01:48 / 53 | 00:21:36 / 71 | 01:15:54 | 00:16:39 |
| 55 | 295 | POŁOŃSKI PRZYBYSŁAW | | POL SKF BOKSING ZIELONA GÓRA | 77M35/7 | M / 50 | 00:12:56 / 93 | 00:04:45 / 88 | 00:35:04 / 49 | 00:01:50 / 57 | 00:21:38 / 74 | 01:16:13 | 00:16:58 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie | T1 Poz. po T1 | Rower | T2 Poz. po T2 | Bieg | Wynik Time | Strata Diff. |
|----------|--------|----------------------|-----------|----------------------------|----------|--------------------|----------------|----------------|----------------|----------------|----------------|------------|--------------|
| 56 | 568 | GAJEWSKI IRENEUSZ | POL | UKS TRI- TEAM RUMIA | 63M50/1 | M / 51 | 00:09:52 / 24 | 00:05:45 / 43 | 00:36:39 / 97 | 00:01:53 / 52 | 00:22:13 / 93 | 01:16:22 | 00:17:07 |
| 57 | 449 | CAPUTA KRZYSZTOF | POL | GT RAT | 91M20/11 | M / 52 | 00:13:08 / 96 | 00:04:07 / 80 | 00:36:16 / 79 | 00:01:36 / 63 | 00:21:23 / 66 | 01:16:30 | 00:17:15 |
| 58 | 407 | CHRUSTOWSKI MIKOŁAJ | POL | YAVIX | 94M20/12 | M / 53 | 00:12:04 / 64 | 00:05:31 / 87 | 00:35:59 / 71 | 00:02:05 / 72 | 00:21:03 / 59 | 01:16:42 | 00:17:27 |
| 59 | 329 | WIŚNIEWSKI MICHAŁ | POL | TIM | 77M35/8 | M / 54 | 00:12:13 / 69 | 00:04:50 / 74 | 00:36:25 / 85 | 00:02:00 / 70 | 00:21:21 / 65 | 01:16:49 | 00:17:34 |
| 60 | 51 | KRYSZCZAK MICHAŁ | POL | NIEZRZESZONY | 93M20/13 | M / 55 | 00:12:02 / 63 | 00:04:40 / 66 | 00:39:03 / 212 | 00:01:55 / 91 | 00:19:15 / 15 | 01:16:55 | 00:17:40 |
| 61 | 590 | ZAMANA CEZARY | POL | AKADEMIA BIEGOWA | 67M45/1 | M / 56 | 00:15:44 / 269 | 00:04:21 / 197 | 00:32:36 / 11 | 00:01:57 / 59 | 00:22:17 / 98 | 01:16:55 | 00:17:40 |
| 62 | 279 | URBAN JAKUB | POL | NIEZRZESZONY | 97M16/9 | M / 57 | 00:12:45 / 84 | 00:05:20 / 105 | 00:36:00 / 74 | 00:01:49 / 76 | 00:21:01 / 57 | 01:16:55 | 00:17:40 |
| 63 | 471 | URBANIAK ANGELIKA | POL | UAM SZPOT TRIATHLON POZNAŃ | 97K16/1 | K / 6 | 00:10:08 / 29 | 00:05:10 / 37 | 00:37:26 / 150 | 00:01:42 / 55 | 00:22:33 / 109 | 01:16:59 | 00:17:44 |
| 64 | 208 | BRESKA WITOLD | POL | KSR TEAM | 74M40/2 | M / 58 | 00:13:44 / 137 | 00:04:38 / 113 | 00:34:21 / 33 | 00:02:03 / 61 | 00:22:20 / 99 | 01:17:06 | 00:17:51 |
| 65 | 400 | GAWKOWSKI MARIUSZ | POL | COMPLEXSPORT | 70M40/3 | M / 59 | 00:15:43 / 268 | 00:04:38 / 219 | 00:34:24 / 35 | 00:01:52 / 84 | 00:20:37 / 46 | 01:17:14 | 00:17:59 |
| 66 | 558 | SZUL DANIEL | POL | UKS TRS SUSZ | 82M30/7 | M / 60 | 00:13:54 / 151 | 00:04:57 / 137 | 00:34:07 / 27 | 00:02:19 / 68 | 00:22:06 / 87 | 01:17:23 | 00:18:08 |
| 67 | 154 | KAMIŃSKI SZYMON | POL | NIEZRZESZONY | 87M24/10 | M / 61 | 00:12:51 / 91 | 00:04:21 / 77 | 00:37:06 / 120 | 00:01:51 / 80 | 00:21:15 / 64 | 01:17:24 | 00:18:09 |
| 68 | 474 | KUCNER MAREK | POL | COMPLEXSPORT | 72M40/4 | M / 62 | 00:12:19 / 71 | 00:05:04 / 82 | 00:33:59 / 26 | 00:02:23 / 48 | 00:23:40 / 152 | 01:17:25 | 00:18:10 |
| 69 | 170 | BROEKERE TOMASZ | POL | NIEZRZESZONY | 88M24/11 | M / 63 | 00:13:29 / 117 | 00:04:25 / 95 | 00:35:14 / 51 | 00:01:59 / 64 | 00:22:35 / 111 | 01:17:42 | 00:18:27 |
| 70 | 393 | GRABOWSKI BARTOSZ | POL | NIEZRZESZONY | 90M24/12 | M / 64 | 00:11:28 / 49 | 00:05:28 / 69 | 00:37:54 / 167 | 00:02:09 / 87 | 00:20:46 / 48 | 01:17:45 | 00:18:30 |
| 71 | 516 | ŁOGIN MARCIN | POL | SMT SZCZECIN | 84M30/8 | M / 65 | 00:11:16 / 45 | 00:04:46 / 56 | 00:37:07 / 123 | 00:02:30 / 73 | 00:22:14 / 94 | 01:17:53 | 00:18:38 |
| 72 | 201 | ŻELAZIŃSKI BARTOSZ | POL | ORKA ILAWA | 98M16/10 | M / 66 | 00:12:13 / 68 | 00:03:43 / 52 | 00:37:00 / 114 | 00:01:38 / 56 | 00:23:20 / 132 | 01:17:54 | 00:18:39 |
| 73 | 466 | TOPCZEWSKI GRACJAN | POL | NPG MUSIC CLUB | 76M35/9 | M / 67 | 00:13:41 / 132 | 00:04:49 / 121 | 00:35:16 / 52 | 00:02:16 / 77 | 00:22:04 / 86 | 01:18:06 | 00:18:51 |
| 74 | 437 | JAŃCZEWSKI ADAM | POL | NIEZRZESZONY | 80M30/9 | M / 68 | 00:15:13 / 232 | 00:04:34 / 178 | 00:36:32 / 91 | 00:02:06 / 112 | 00:19:41 / 21 | 01:18:06 | 00:18:51 |
| 75 | 547 | ROBEL JAKUB | POL | NIEZRZESZONY | 80M30/10 | M / 69 | 00:11:21 / 46 | 00:04:25 / 48 | 00:36:00 / 73 | 00:02:07 / 49 | 00:24:27 / 195 | 01:18:20 | 00:19:05 |
| 76 | 162 | SYDOR TOMASZ | POL | TRIATHLON TRÓJMIASTO | 84M30/11 | M / 70 | 00:14:03 / 165 | 00:04:18 / 112 | 00:35:21 / 54 | 00:01:56 / 71 | 00:22:49 / 118 | 01:18:27 | 00:19:12 |
| 77 | 67 | WILCZĘGA MARCIN | POL | NIEZRZESZONY | 81M30/12 | M / 71 | | | 00:37:20 / 137 | 00:01:57 / 58 | 00:23:53 / 158 | 01:18:31 | 00:19:16 |
| 78 | 520 | JANOWSKI ADRIAN | POL | KOLARSKI.EU TEAM | 95M18/10 | M / 72 | 00:10:41 / 40 | 00:05:28 / 58 | 00:36:43 / 100 | | | 01:18:42 | 00:19:27 |
| 79 | 172 | GOC JULIA | POL | KTS IRONMAN | 97K16/2 | K / 7 | 00:10:28 / 35 | 00:03:49 / 29 | 00:39:12 / 214 | 00:01:44 / 65 | 00:23:39 / 151 | 01:18:52 | 00:19:37 |
| 80 | 269 | SIENKIEWICZ PATRYK | POL | NIEZRZESZONY | 72M40/5 | M / 73 | 00:14:49 / 208 | 00:04:38 / 163 | 00:34:18 / 29 | 00:02:27 / 81 | 00:22:45 / 115 | 01:18:57 | 00:19:42 |
| 81 | 313 | CYGANEK KACPER | POL | NIEZRZESZONY | 89M24/13 | M / 74 | 00:14:32 / 191 | 00:05:03 / 170 | 00:35:47 / 66 | 00:02:22 / 94 | 00:21:15 / 63 | 01:18:59 | 00:19:44 |
| 82 | 28 | GODZISZ ALEKSANDER | POL | NIEZRZESZONY | 93M20/14 | M / 75 | 00:15:14 / 234 | 00:04:40 / 185 | 00:36:58 / 112 | 00:01:56 / 129 | 00:20:22 / 39 | 01:19:10 | 00:19:55 |
| 83 | 92 | SKWARSKI MAREK | POL | NIEZRZESZONY | 66M45/2 | M / 76 | 00:13:42 / 135 | 00:05:16 / 143 | 00:36:45 / 103 | 00:02:13 / 98 | 00:21:15 / 62 | 01:19:11 | 00:19:56 |
| 84 | 8 | PUPKA ARTUR | POL | NIEZRZESZONY | 64M50/2 | M / 77 | 00:12:45 / 86 | 00:04:28 / 78 | 00:36:37 / 95 | 00:02:13 / 78 | 00:23:15 / 131 | 01:19:18 | 00:20:03 |
| 85 | 158 | WOJCIESZAK ROBERT | POL | AT TEAM | 69M45/3 | M / 78 | 00:13:46 / 138 | 00:04:45 / 122 | 00:36:23 / 83 | 00:02:04 / 86 | 00:22:24 / 101 | 01:19:22 | 00:20:07 |
| 86 | 189 | STOSIK SŁAWOMIR | POL | NIEZRZESZONY | 72M40/6 | M / 79 | 00:17:11 / 367 | 00:05:07 / 313 | 00:34:18 / 30 | 00:02:41 / 146 | 00:20:07 / 32 | 01:19:24 | 00:20:09 |
| 87 | 360 | SUCHORZ KRZYSZTOF | POL | BAR WANOGA | 69M45/4 | M / 80 | 00:12:28 / 76 | 00:06:40 / 149 | 00:36:42 / 98 | 00:02:33 / 111 | 00:21:14 / 61 | 01:19:37 | 00:20:22 |
| 88 | 469 | LULIŃSKA KAMILA | POL | NIEZRZESZONY | 95K18/1 | K / 8 | 00:14:11 / 173 | 00:04:17 / 118 | 00:38:37 / 191 | 00:02:06 / 144 | 00:20:36 / 45 | 01:19:47 | 00:20:32 |
| 89 | 570 | KUSKOWSKI MAREK | POL | ŁOWCY PRZYGÓD GOLDAP | 78M35/10 | M / 81 | 00:16:13 / 310 | 00:04:34 / 236 | 00:36:24 / 84 | 00:02:09 / 147 | 00:20:38 / 47 | 01:19:58 | 00:20:43 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|-----------------------------|------|--|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 90 | 241 | KANAWKA GRZEGORZ | POL | NIEZRZESZONY | 84M30/13 | M / 82 | 00:16:05 / 299 | 00:04:44 / 237 | 00:37:12 / 125 | 00:01:36 / 153 | 00:20:23 / 38 | 01:20:00 | 00:20:45 |
| 91 | 580 | MISIAK ALICJA | POL | UKS TRI SUSZ | 93K20/6 | K / 9 | 00:13:30 / 118 | 00:04:24 / 93 | 00:38:25 / 184 | 00:01:57 / 109 | 00:21:46 / 78 | 01:20:02 | 00:20:47 |
| 92 | 175 | DUDKIEWICZ JACEK | POL | NIEZRZESZONY | 85M24/14 | M / 83 | 00:14:08 / 171 | 00:04:54 / 146 | 00:34:19 / 32 | 00:02:21 / 74 | 00:24:25 / 193 | 01:20:07 | 00:20:52 |
| 93 | 156 | ŁUGIEWICZ PRZEMYSŁAW | POL | LECHIA | 80M30/14 | M / 84 | 00:13:52 / 146 | 00:04:36 / 119 | 00:36:23 / 82 | 00:02:11 / 88 | 00:23:07 / 126 | 01:20:09 | 00:20:54 |
| 94 | 348 | STANKIEWICZ PIOTR | POL | NIEZRZESZONY | 80M30/15 | M / 85 | 00:15:16 / 236 | 00:05:06 / 220 | 00:36:33 / 92 | 00:02:32 / 149 | 00:20:59 / 56 | 01:20:26 | 00:21:11 |
| 95 | 340 | ŚLIWKA PIOTR | POL | NIEZRZESZONY | 80M30/16 | M / 86 | 00:13:41 / 133 | 00:05:47 / 164 | 00:35:58 / 70 | 00:02:25 / 97 | 00:22:37 / 113 | 01:20:28 | 00:21:13 |
| 96 | 333 | KOZAK DOMINIKA | POL | UKS WODNIK SIEMIANOWICE | 93K20/7 | K / 10 | 00:11:51 / 57 | 00:04:24 / 61 | 00:39:35 / 234 | 00:01:47 / 90 | 00:22:52 / 121 | 01:20:29 | 00:21:14 |
| 97 | 152 | SZYMCZAK JAKUB | POL | NIEZRZESZONY | 84M30/17 | M / 87 | 00:13:13 / 101 | 00:05:07 / 110 | 00:37:23 / 143 | 00:02:16 / 100 | 00:22:30 / 106 | 01:20:29 | 00:21:14 |
| 98 | 571 | ŻYWNA MARCIN | POL | NIEZRZESZONY | 82M30/18 | M / 88 | 00:14:54 / 214 | 00:04:47 / 174 | 00:35:39 / 59 | 00:02:12 / 89 | 00:22:58 / 123 | 01:20:30 | 00:21:15 |
| 99 | 55 | ZIELIŃSKI TOMASZ | POL | SPÓJNIA FITNESS GDAŃSK | 84M30/19 | M / 89 | | | 00:37:44 / 161 | 00:02:23 / 101 | 00:22:40 / 114 | 01:20:41 | 00:21:26 |
| 100 | 281 | HOŃKO PRZEMYSŁAW | POL | PH 5,5 TEAM | 84M30/20 | M / 90 | 00:13:53 / 150 | 00:04:33 / 117 | 00:35:22 / 55 | 00:02:30 / 82 | 00:24:24 / 192 | 01:20:42 | 00:21:27 |
| 101 | 9 | KOSIŃSKI MAREK | POL | BIEGAM Z... | 78M35/11 | M / 91 | 00:14:21 / 182 | 00:04:40 / 145 | 00:36:51 / 107 | 00:02:18 / 105 | 00:22:33 / 110 | 01:20:43 | 00:21:28 |
| 102 | 349 | NIEDZIELSKI ŁUKASZ | POL | NIEZRZESZONY | 75M35/12 | M / 92 | 00:14:06 / 168 | 00:04:43 / 135 | 00:35:54 / 69 | 00:02:14 / 85 | 00:23:57 / 162 | 01:20:54 | 00:21:39 |
| 103 | 249 | BOLESTA-ZARZECZNA AGNIESZKA | POL | THULE TEAM | 79K35/1 | K / 11 | 00:14:47 / 204 | 00:03:57 / 129 | 00:37:31 / 152 | 00:01:53 / 104 | 00:22:51 / 119 | 01:20:59 | 00:21:44 |
| 104 | 49 | SIKORSKI LESZEK | POL | NIEZRZESZONY | 76M35/13 | M / 93 | 00:15:21 / 241 | 00:04:47 / 199 | 00:35:49 / 68 | | | 01:21:08 | 00:21:53 |
| 105 | 542 | SKUBIJ KRZYSZTOF | POL | NIEZRZESZONY | 90M24/15 | M / 94 | 00:14:50 / 209 | 00:06:45 / 277 | 00:36:29 / 89 | 00:02:49 / 180 | 00:20:17 / 36 | 01:21:10 | 00:21:55 |
| 106 | 396 | KUCZYŃSKI KAMIL | POL | BCT TEAM | 74M40/7 | M / 95 | | | 00:39:20 / 222 | 00:02:28 / 95 | 00:23:35 / 147 | 01:21:22 | 00:22:07 |
| 107 | 239 | NEUBAUER SZYMON | POL | KARTUZY | 88M24/16 | M / 96 | 00:15:00 / 218 | 00:05:20 / 217 | 00:36:50 / 106 | 00:01:46 / 133 | 00:22:32 / 108 | 01:21:28 | 00:22:13 |
| 108 | 276 | TRACZYK MARCIN | POL | NIEZRZESZONY | 86M24/17 | M / 97 | 00:13:32 / 120 | 00:04:53 / 115 | 00:37:07 / 122 | 00:02:18 / 96 | 00:23:39 / 150 | 01:21:29 | 00:22:14 |
| 109 | 261 | KRAWCZAK BARTOSZ | POL | UKS FALA NIEPORĘT | 86M24/18 | M / 98 | 00:09:16 / 15 | 00:04:56 / 28 | 00:38:19 / 181 | 00:02:11 / 60 | 00:26:47 / 297 | 01:21:29 | 00:22:14 |
| 110 | 374 | GÓRALSKA ALEKSANDRA | POL | ODDECH GONIONEGO PSA | 77K35/2 | K / 12 | 00:13:38 / 130 | 00:05:05 / 128 | 00:35:00 / 46 | 00:02:20 / 79 | 00:25:29 / 250 | 01:21:32 | 00:22:17 |
| 111 | 392 | KRASNOPOLSKI PIOTR | POL | ELIN | 82M30/21 | M / 99 | 00:14:31 / 188 | 00:05:23 / 184 | 00:36:21 / 80 | 00:02:36 / 130 | 00:22:48 / 117 | 01:21:39 | 00:22:24 |
| 112 | 135 | SOKOŁOWSKI MACIEJ | POL | NIEZRZESZONY | 90M24/19 | M / 100 | 00:12:36 / 79 | 00:05:21 / 97 | 00:38:17 / 178 | 00:02:01 / 107 | 00:23:27 / 137 | 01:21:42 | 00:22:27 |
| 113 | 450 | PUCHALSKI FILIP | POL | POLSKI ZWIĄZEK TRIATHLONU | 87M24/20 | M / 101 | 00:15:01 / 219 | 00:04:28 / 166 | 00:37:20 / 138 | 00:01:53 / 124 | 00:23:03 / 125 | 01:21:45 | 00:22:30 |
| 114 | 195 | DREJER KAROL | POL | NIEZRZESZONY | 79M35/14 | M / 102 | 00:13:42 / 136 | 00:05:29 / 151 | 00:37:16 / 134 | 00:02:24 / 131 | 00:22:59 / 124 | 01:21:50 | 00:22:35 |
| 115 | 186 | CZUCZEŁO MACIEJ | POL | LECHIA | 80M30/22 | M / 103 | 00:15:00 / 217 | 00:05:04 / 196 | 00:36:00 / 72 | 00:02:25 / 114 | 00:23:30 / 142 | 01:21:59 | 00:22:44 |
| 116 | 578 | PAWLAK MACIEJ | POL | NIEZRZESZONY | 83M30/23 | M / 104 | 00:13:32 / 121 | 00:04:48 / 111 | 00:37:14 / 126 | 00:02:53 / 113 | 00:23:36 / 148 | 01:22:03 | 00:22:48 |
| 117 | 82 | KOSATKO MARIUSZ | POL | NIEZRZESZONY | 74M40/8 | M / 105 | 00:14:48 / 206 | 00:04:54 / 175 | 00:37:26 / 149 | 00:02:21 / 151 | 00:22:36 / 112 | 01:22:05 | 00:22:50 |
| 118 | 98 | WINNIK RAFAŁ | POL | NIEZRZESZONY | 97M16/11 | M / 106 | 00:13:34 / 124 | 00:04:30 / 103 | 00:37:01 / 116 | 00:02:53 / 99 | 00:24:09 / 173 | 01:22:07 | 00:22:52 |
| 119 | 422 | BIANKOWSKI PIOTR | POL | GO TRI KKS CEPESA TEAM COMPLEXSPORT | 75M35/15 | M / 107 | 00:10:05 / 26 | 00:05:31 / 42 | 00:37:06 / 119 | 00:02:33 / 66 | 00:26:57 / 302 | 01:22:12 | 00:22:57 |
| 120 | 274 | BEREZA ŁUKASZ | POL | BEREZA TEAM | 94M20/15 | M / 108 | 00:15:21 / 240 | 00:05:52 / 259 | 00:37:51 / 165 | 00:01:34 / 172 | 00:21:40 / 76 | 01:22:18 | 00:23:03 |
| 121 | 342 | RYCHTER TOMASZ | POL | NIEZRZESZONY | 73M40/9 | M / 109 | 00:12:26 / 75 | 00:05:47 / 107 | 00:37:13 / 127 | 00:02:38 / 103 | 00:24:21 / 183 | 01:22:25 | 00:23:10 |
| 122 | 231 | RYBIŃSKI PIOTR | POL | TOP ACTIVE | 67M45/5 | M / 110 | 00:11:26 / 48 | 00:04:51 / 62 | 00:37:14 / 128 | 00:02:18 / 75 | 00:26:36 / 289 | 01:22:25 | 00:23:10 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|------------------------|------|-----------------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 123 | 589 | STĘPIEŃ BARTŁOMIEJ | POL | YNCA KRAKÓW | 84M30/24 | M / 111 | 00:16:55 / 348 | 00:05:39 / 323 | 00:35:16 / 53 | 00:02:20 / 161 | 00:22:16 / 97 | 01:22:26 | 00:23:11 |
| 124 | 575 | RÓLEWICZ SEBASTIAN | POL | ACE INSTAL | 82M30/25 | M / 112 | 00:12:56 / 92 | 00:05:42 / 124 | 00:36:46 / 104 | 00:02:19 / 93 | 00:24:47 / 207 | 01:22:30 | 00:23:15 |
| 125 | 52 | DMOWSKI JAROSŁAW | POL | NIEZRZESZONY | 76M35/16 | M / 113 | 00:12:25 / 74 | 00:04:59 / 83 | 00:38:37 / 193 | 00:02:36 / 121 | 00:23:54 / 159 | 01:22:31 | 00:23:16 |
| 126 | 163 | SZCZUDLIŃSKI MAREK | POL | NIEZRZESZONY | 68M45/6 | M / 114 | 00:13:55 / 156 | 00:05:12 / 148 | 00:39:00 / 208 | 00:01:53 / 155 | 00:22:32 / 107 | 01:22:32 | 00:23:17 |
| 127 | 253 | BUTOWSKA KAROLINA | POL | UKS TRI-TEAM RUMIA | 96K18/2 | K / 13 | 00:11:31 / 50 | 00:04:21 / 49 | 00:40:43 / 281 | 00:02:00 / 119 | 00:23:59 / 166 | 01:22:34 | 00:23:19 |
| 128 | 588 | JELENIOWSKI PAWEŁ | POL | NIEZRZESZONY | 85M24/21 | M / 115 | 00:16:04 / 298 | 00:06:31 / 324 | 00:36:27 / 87 | 00:02:10 / 186 | 00:21:25 / 67 | 01:22:37 | 00:23:22 |
| 129 | 314 | KAC MAREK | POL | TRI-TEAM RUMIA | 74M40/10 | M / 116 | 00:13:57 / 160 | 00:05:23 / 159 | 00:36:44 / 101 | 00:02:28 / 118 | 00:24:11 / 174 | 01:22:43 | 00:23:28 |
| 130 | 382 | ZDUNEK RADOSŁAW | POL | TOUCAN SYSTEMS | 87M24/22 | M / 117 | 00:15:47 / 274 | 00:04:12 / 191 | 00:35:41 / 60 | 00:02:32 / 106 | 00:24:33 / 197 | 01:22:45 | 00:23:30 |
| 131 | 451 | GMITROWSKI MAREK | POL | BRAK | 76M35/17 | M / 118 | 00:13:12 / 99 | 00:05:35 / 132 | 00:37:15 / 130 | 00:02:39 / 123 | 00:24:07 / 172 | 01:22:48 | 00:23:33 |
| 132 | 299 | NAJDMIŃSKI MATEUSZ | POL | NIEZRZESZONY | 83M30/26 | M / 119 | 00:13:34 / 123 | 00:04:44 / 109 | 00:40:39 / 279 | 00:02:01 / 182 | 00:21:50 / 81 | 01:22:48 | 00:23:33 |
| 133 | 171 | KACPERSKI MIROSLAW | POL | NIEZRZESZONY | 61M50/3 | M / 120 | 00:14:37 / 200 | 00:04:19 / 142 | 00:37:26 / 151 | 00:03:04 / 148 | 00:23:25 / 136 | 01:22:51 | 00:23:36 |
| 134 | 411 | NARKIEWICZ MICHAŁ | POL | NIEZRZESZONY | 89M24/23 | M / 121 | 00:13:52 / 148 | 00:04:23 / 108 | 00:38:03 / 170 | 00:02:43 / 136 | 00:23:50 / 156 | 01:22:51 | 00:23:36 |
| 135 | 521 | WOŁYNIEC EMILIA | POL | ŁOWCY PRZYGÓD GOLDAP | 83K30/1 | K / 14 | 00:15:19 / 239 | 00:04:20 / 173 | 00:39:12 / 215 | 00:01:53 / 174 | 00:22:09 / 90 | 01:22:53 | 00:23:38 |
| 136 | 394 | FURMANIK MATEUSZ | POL | NIEZRZESZONY | 90M24/24 | M / 122 | 00:11:44 / 53 | 00:05:14 / 71 | 00:39:09 / 213 | 00:02:40 / 128 | 00:24:06 / 170 | 01:22:53 | 00:23:38 |
| 137 | 455 | PUSZ MATEUSZ | POL | NIEZRZESZONY | 78M35/18 | M / 123 | 00:13:59 / 162 | 00:07:36 / 278 | 00:38:22 / 182 | 00:02:39 / 225 | 00:20:22 / 37 | 01:22:58 | 00:23:43 |
| 138 | 157 | OLSZOWSKI MARCIN | POL | NIEZRZESZONY | 77M35/19 | M / 124 | 00:14:23 / 183 | 00:05:08 / 168 | 00:37:58 / 169 | 00:02:18 / 154 | 00:23:12 / 128 | 01:22:59 | 00:23:44 |
| 139 | 428 | TRYCH ARTUR | POL | NIEZRZESZONY | 74M40/11 | M / 125 | 00:12:45 / 83 | 00:05:51 / 123 | 00:37:19 / 136 | 00:02:45 / 122 | 00:24:22 / 188 | 01:23:02 | 00:23:47 |
| 140 | 150 | MANIAS MATEUSZ | POL | H2O G3 GDYNIA | 90M24/25 | M / 126 | 00:12:14 / 70 | 00:05:30 / 90 | 00:39:03 / 210 | 00:02:11 / 134 | 00:24:07 / 171 | 01:23:05 | 00:23:50 |
| 141 | 573 | NICIEJEWSKI KRZYSZTOF | POL | FTI ACADEMY | 75M35/20 | M / 127 | 00:12:09 / 66 | 00:04:59 / 76 | 00:38:52 / 202 | 00:02:43 / 126 | 00:24:29 / 196 | 01:23:12 | 00:23:57 |
| 142 | 480 | RUSAK MICHAŁ | POL | COMPELXSPORTS | 82M30/27 | M / 128 | | | 00:37:40 / 158 | 00:02:26 / 127 | 00:24:35 / 198 | 01:23:21 | 00:24:06 |
| 143 | 129 | KUTARBA ADRIAN | POL | NIEZRZESZONY | 79M35/21 | M / 129 | 00:14:04 / 166 | 00:04:48 / 138 | 00:40:28 / 273 | 00:02:07 / 194 | 00:21:55 / 83 | 01:23:22 | 00:24:07 |
| 144 | 486 | GŁUSZCZAK WOJCIECH | POL | NIEZRZESZONY | 71M40/12 | M / 130 | 00:14:12 / 174 | 00:06:01 / 208 | 00:37:24 / 146 | 00:02:37 / 163 | 00:23:15 / 130 | 01:23:29 | 00:24:14 |
| 145 | 556 | KRZAN GRZEGORZ | POL | GIANT POLSKA | 62M50/4 | M / 131 | 00:13:18 / 110 | 00:05:45 / 147 | 00:37:24 / 145 | 00:02:41 / 142 | 00:24:22 / 187 | 01:23:30 | 00:24:15 |
| 146 | 193 | OBIEDZIŃSKA ALEKSANDRA | POL | KTS IRONMAN | 77K35/3 | K / 15 | 00:13:51 / 144 | 00:05:08 / 144 | 00:36:56 / 111 | 00:02:35 / 115 | 00:25:00 / 220 | 01:23:30 | 00:24:15 |
| 147 | 446 | BARAN KATARZYNA | POL | NIEZRZESZONY | 79K35/4 | K / 16 | 00:15:56 / 283 | 00:05:03 / 245 | 00:38:15 / 177 | 00:02:42 / 208 | 00:21:36 / 72 | 01:23:32 | 00:24:17 |
| 148 | 434 | RZEPLINSKA LIDIA | POL | NIEZRZESZONY | 96K18/3 | K / 17 | 00:10:57 / 42 | 00:05:05 / 55 | 00:42:08 / 331 | 00:01:53 / 157 | 00:23:34 / 145 | 01:23:37 | 00:24:22 |
| 149 | 105 | ŚMIEŁOWSKI DAWID | POL | BCT TEAM | 79M35/22 | M / 132 | 00:15:03 / 222 | 00:05:27 / 229 | 00:34:27 / 36 | 00:02:46 / 92 | 00:26:02 / 274 | 01:23:45 | 00:24:30 |
| 150 | 285 | RÓŻAŃSKI KAMIL | POL | NIEZRZESZONY | 85M24/26 | M / 133 | 00:13:23 / 114 | 00:05:03 / 116 | 00:37:09 / 124 | 00:02:27 / 102 | 00:25:55 / 264 | 01:23:57 | 00:24:42 |
| 151 | 78 | WILKANOWSKI ANDRZEJ | POL | TRIATHLON SZCZECINEK | 72M40/13 | M / 134 | 00:14:35 / 195 | 00:05:16 / 180 | 00:37:15 / 131 | 00:02:57 / 156 | 00:23:56 / 161 | 01:23:59 | 00:24:44 |
| 152 | 32 | CHMIELEWSKI RAFAL | POL | WIDZEWSKO ZARZEWSKA DĄBROWA | 88M24/27 | M / 135 | 00:14:36 / 199 | 00:05:21 / 189 | 00:36:22 / 81 | 00:02:41 / 135 | 00:25:01 / 221 | 01:24:01 | 00:24:46 |
| 153 | 343 | SZYMAŃSKI SEBASTIAN | POL | ASSECO ACTIVE TEAM | 74M40/14 | M / 136 | 00:11:13 / 44 | 00:05:01 / 60 | 00:37:17 / 135 | 00:02:48 / 83 | 00:27:43 / 330 | 01:24:02 | 00:24:47 |
| 154 | 420 | SZAFKOWSKI PIOTR | POL | NIEZRZESZONY | 66M45/7 | M / 137 | 00:14:08 / 170 | 00:05:48 / 188 | 00:37:36 / 156 | 00:02:34 / 159 | 00:23:58 / 163 | 01:24:04 | 00:24:49 |
| 155 | 577 | MAĆKIEWICZ CEZARY | POL | UKS TRS SUSZ | 95M18/11 | M / 138 | 00:10:31 / 37 | 00:08:59 / 167 | 00:38:24 / 183 | 00:02:35 / 169 | 00:23:38 / 149 | 01:24:07 | 00:24:52 |
| 156 | 351 | BOJANOWSKI DANIEL | POL | NIEZRZESZONY | 78M35/23 | M / 139 | 00:14:51 / 210 | 00:05:24 / 212 | 00:37:47 / 162 | 00:02:44 / 175 | 00:23:24 / 135 | 01:24:10 | 00:24:55 |

| Msc Rank | Nr Bib | Nazwisko i imię Name | Kraj Nat. | Drużyna Team | R-k YoB | W kategorii in Age | Pływanie | T1 Poz. po T1 | Rower | T2 Poz. po T2 | Bieg | Wynik Time | Strata Diff. |
|----------|--------|--------------------------|-----------|--------------------------------|----------|--------------------|----------------|----------------|----------------|----------------|----------------|------------|--------------|
| 157 | 478 | GEMEL JĘDRZEJ | POL | WILANOW COFFIN DODGERS | 89M24/28 | M / 140 | 00:12:57 / 94 | 00:05:07 / 104 | 00:39:03 / 211 | 00:01:54 / 137 | 00:25:12 / 232 | 01:24:13 | 00:24:58 |
| 158 | 585 | GRUBA PIOTR | POL | TRIATHLON TROJMIASTO | 83M30/28 | M / 141 | 00:15:46 / 273 | 00:04:43 / 227 | 00:39:44 / 242 | 00:02:30 / 231 | 00:21:31 / 69 | 01:24:14 | 00:24:59 |
| 159 | 402 | POGODA MARCIN | POL | FUN SURF | 73M40/15 | M / 142 | 00:12:39 / 81 | 00:04:28 / 75 | 00:39:22 / 227 | 00:02:23 / 132 | 00:25:24 / 245 | 01:24:16 | 00:25:01 |
| 160 | 130 | SOBCZAK MARCIN | POL | REXONA MEN TEAM | 75M35/24 | M / 143 | 00:15:44 / 270 | 00:05:09 / 238 | 00:36:47 / 105 | 00:02:29 / 160 | 00:24:12 / 175 | 01:24:21 | 00:25:06 |
| 161 | 485 | GÓRECKI RAFAŁ | POL | NIEZRZESZONY | 75M35/25 | M / 144 | 00:16:11 / 305 | 00:05:44 / 295 | 00:38:41 / 198 | 00:02:06 / 230 | 00:21:39 / 75 | 01:24:21 | 00:25:06 |
| 162 | 465 | CIŻMOWSKI WIESŁAW | POL | NIEZRZESZONY | 70M40/16 | M / 145 | 00:15:25 / 246 | 00:05:00 / 223 | 00:39:20 / 224 | 00:02:33 / 215 | 00:22:06 / 88 | 01:24:24 | 00:25:09 |
| 163 | 270 | ADAMCZYK MARCIN | POL | NIEZRZESZONY | 82M30/29 | M / 146 | 00:14:04 / 167 | 00:05:51 / 187 | 00:39:20 / 223 | 00:02:50 / 211 | 00:22:20 / 100 | 01:24:25 | 00:25:10 |
| 164 | 405 | KRUSZYŃSKI PIOTR | POL | WILANOW COFFIN DODGERS | 87M24/29 | M / 147 | 00:11:55 / 59 | 00:05:04 / 73 | 00:39:58 / 256 | 00:02:20 / 145 | 00:25:09 / 227 | 01:24:26 | 00:25:11 |
| 165 | 527 | GAŁAŚKA ŁUKASZ | POL | NIEZRZESZONY | 80M30/30 | M / 148 | 00:15:21 / 242 | 00:05:02 / 221 | 00:37:48 / 163 | 00:02:02 / 162 | 00:24:15 / 179 | 01:24:28 | 00:25:13 |
| 166 | 377 | SALOMON PAWEŁ | POL | COMPLEXSPORTS | 83M30/31 | M / 149 | 00:13:55 / 155 | 00:05:24 / 157 | 00:36:34 / 93 | 00:02:27 / 110 | 00:26:09 / 276 | 01:24:29 | 00:25:14 |
| 167 | 40 | DUDKOWIAK GRAŻYNA | POL | KANCELARIA ADWOKACKA DUDKOWIAK | 81K40/1 | K / 18 | 00:15:13 / 233 | 00:05:03 / 213 | 00:39:00 / 209 | 00:02:01 / 188 | 00:23:14 / 129 | 01:24:31 | 00:25:16 |
| 168 | 167 | BAKOWSKI ŁUKASZ | POL | SZURAMBOLUBIE.BLOGSPOT.COM | 81M30/32 | M / 150 | 00:15:46 / 271 | 00:04:29 / 211 | 00:38:31 / 186 | 00:02:18 / 184 | 00:23:29 / 140 | 01:24:33 | 00:25:18 |
| 169 | 514 | NOWAK TOMASZ | POL | REHAV RELAZZO TEAM | 78M35/26 | M / 151 | 00:13:40 / 131 | 00:05:38 / 156 | 00:38:51 / 201 | 00:02:14 / 166 | 00:24:20 / 186 | 01:24:43 | 00:25:28 |
| 170 | 97 | BISZKO JAKUB | POL | CENTRUM SPORTOWE U JEZUITÓW | 87M24/30 | M / 152 | 00:12:38 / 80 | 00:04:53 / 85 | 00:37:57 / 168 | 00:03:03 / 117 | 00:26:15 / 281 | 01:24:46 | 00:25:31 |
| 171 | 316 | NIKEL NATALIA | POL | UKS TRS SUSZ | 97K16/3 | K / 19 | 00:12:23 / 73 | 00:04:00 / 63 | 00:40:01 / 257 | 00:02:06 / 116 | 00:26:17 / 282 | 01:24:47 | 00:25:32 |
| 172 | 355 | DEAKI OKTAWIUSZ | POL | NIEZRZESZONY | 79M35/27 | M / 153 | 00:15:59 / 286 | 00:06:01 / 299 | 00:36:37 / 96 | 00:02:42 / 189 | 00:23:30 / 143 | 01:24:49 | 00:25:34 |
| 173 | 378 | HINZ MARCIN | POL | WWW.IRONFACTORY.PL | 84M30/33 | M / 154 | 00:16:21 / 320 | 00:05:37 / 297 | 00:38:33 / 187 | 00:02:12 / 233 | 00:22:11 / 92 | 01:24:54 | 00:25:39 |
| 174 | 406 | ZIELIŃSKA ANNA | POL | WILANOW COFFIN DODGERS | 82K30/2 | K / 20 | 00:13:56 / 158 | 00:04:42 / 125 | 00:39:30 / 231 | 00:02:08 / 164 | 00:24:40 / 203 | 01:24:56 | 00:25:41 |
| 175 | 116 | SEROKA MARCIN | POL | NIEZRZESZONY | 75M35/28 | M / 155 | 00:14:35 / 196 | 00:05:44 / 216 | 00:36:29 / 88 | 00:02:21 / 143 | 00:25:51 / 261 | 01:25:00 | 00:25:45 |
| 176 | 523 | WIECZORKOWSKI ALEKSANDER | POL | NIEZRZESZONY | 71M40/17 | M / 156 | 00:14:27 / 185 | 00:05:36 / 194 | 00:38:12 / 175 | 00:02:35 / 179 | 00:24:21 / 182 | 01:25:11 | 00:25:56 |
| 177 | 120 | ŚWIĄTEK WOJCIECH | POL | NIEZRZESZONY | 88M24/31 | M / 157 | 00:14:36 / 197 | 00:05:33 / 202 | 00:38:29 / 185 | 00:02:12 / 177 | 00:24:21 / 185 | 01:25:11 | 00:25:56 |
| 178 | 248 | KACZMAREK TOMASZ | POL | THULE TEAM | 61M50/5 | M / 158 | 00:16:55 / 346 | 00:06:37 / 368 | 00:35:08 / 50 | 00:02:48 / 195 | 00:23:50 / 157 | 01:25:18 | 00:26:03 |
| 179 | 500 | LICA SŁAWOMIR | POL | TEAM HERBALIFE | 89M24/32 | M / 159 | 00:13:42 / 134 | 00:05:55 / 172 | 00:39:15 / 218 | 00:02:13 / 185 | 00:24:13 / 177 | 01:25:18 | 00:26:03 |
| 180 | 468 | BORCZYK SERGIUSZ | POL | QUEST | 80M30/34 | M / 160 | 00:14:14 / 175 | 00:05:54 / 200 | 00:37:23 / 142 | 00:03:02 / 170 | 00:24:49 / 210 | 01:25:22 | 00:26:07 |
| 181 | 385 | BEKAS JĘDRZEJ | POL | FTI ACADEMY | 82M30/35 | M / 161 | 00:14:48 / 207 | 00:05:23 / 204 | 00:36:42 / 99 | 00:02:34 / 150 | 00:25:56 / 266 | 01:25:23 | 00:26:08 |
| 182 | 389 | SZYSZKA TOMASZ | POL | NIEZRZESZONY | 83M30/36 | M / 162 | 00:13:16 / 106 | 00:04:39 / 96 | 00:41:12 / 302 | 00:02:25 / 196 | 00:24:02 / 168 | 01:25:34 | 00:26:19 |
| 183 | 84 | JEZIORSKI MACIEJ | POL | NIEZRZESZONY | 80M30/37 | M / 163 | 00:13:33 / 122 | 00:04:50 / 114 | 00:39:36 / 236 | 00:02:42 / 173 | 00:24:54 / 212 | 01:25:35 | 00:26:20 |
| 184 | 217 | BIESZKE SEBASTIAN | POL | NASZSTOMATOLOG.PL | 73M40/18 | M / 164 | 00:16:04 / 297 | 00:05:55 / 298 | 00:37:05 / 117 | 00:01:46 / 178 | 00:24:45 / 205 | 01:25:35 | 00:26:20 |
| 185 | 487 | KURYŁEK ANIA | POL | COMPLEXSPORTS PRO TEAM | 79K35/5 | K / 21 | 00:12:40 / 82 | 00:04:08 / 67 | 00:43:02 / 353 | 00:01:51 / 201 | 00:23:58 / 164 | 01:25:39 | 00:26:24 |
| 186 | 366 | SZUL RYSZARD | POL | NIEZRZESZONY | 54M60/1 | M / 165 | 00:13:46 / 139 | 00:05:01 / 131 | 00:37:23 / 144 | 00:02:33 / 125 | 00:26:58 / 305 | 01:25:41 | 00:26:26 |
| 187 | 80 | NIEDŹWIEDZKI MICHAŁ | POL | BLUE MEDIA TEAM | 85M24/33 | M / 166 | 00:13:13 / 103 | 00:06:39 / 181 | 00:39:17 / 219 | 00:02:12 / 190 | 00:24:23 / 189 | 01:25:44 | 00:26:29 |
| 188 | 323 | STAWIARZ PAWEŁ | POL | NIEZRZESZONY | 76M35/29 | M / 167 | 00:17:34 / 388 | 00:00:14 / 91 | 00:38:57 / 204 | 00:02:20 / 140 | 00:26:39 / 292 | 01:25:44 | 00:26:29 |
| 189 | 442 | MAJEWSKI MAREK | POL | KUŹNIA TRIATHLONU | 75M35/30 | M / 168 | 00:15:59 / 288 | 00:05:51 / 292 | 00:37:42 / 159 | 00:02:47 / 216 | 00:23:29 / 138 | 01:25:48 | 00:26:33 |
| 190 | 421 | TATARSKI PETRONIUSZ | POL | NIEZRZESZONY | 73M40/19 | M / 169 | 00:14:32 / 189 | 00:05:23 / 186 | 00:37:54 / 166 | 00:02:35 / 167 | 00:25:27 / 248 | 01:25:51 | 00:26:36 |

| <i>Msc</i> | <i>Nr</i> | <i>Nazwisko i imię</i> | <i>Kraj</i> | <i>Drużyna</i> | <i>R-k</i> | <i>W kategorii</i> | <i>T1</i> | <i>T2</i> | <i>Wynik</i> | <i>Strata</i> | | | |
|-------------|------------|------------------------|-------------|-------------------------------|------------|--------------------|-----------------|-------------------|----------------|-------------------|----------------|-------------|--------------|
| <i>Rank</i> | <i>Bib</i> | <i>Name</i> | <i>Nat.</i> | <i>Team</i> | <i>YoB</i> | <i>in Age</i> | <i>Pływanie</i> | <i>Poz. po T1</i> | <i>Rower</i> | <i>Poz. po T2</i> | <i>Bieg</i> | <i>Time</i> | <i>Diff.</i> |
| 191 | 384 | RYDZEWSKI WITOLD | | POL NIEZRZESZONY | 75M35/31 | M / 170 | 00:12:32 / 77 | 00:05:28 / 101 | 00:37:32 / 153 | 00:02:44 / 108 | 00:27:38 / 327 | 01:25:54 | 00:26:39 |
| 192 | 438 | PIECH BARTOSZ | | POL NIEZRZESZONY | 76M35/32 | M / 171 | 00:15:37 / 264 | 00:05:58 / 279 | 00:36:45 / 102 | 00:02:33 / 181 | 00:25:03 / 223 | 01:25:56 | 00:26:41 |
| 193 | 362 | EGIERSKI MICHAŁ | | POL NIEZRZESZONY | 73M40/20 | M / 172 | 00:14:39 / 201 | 00:05:34 / 209 | 00:37:51 / 164 | 00:02:31 / 171 | 00:25:25 / 246 | 01:26:00 | 00:26:45 |
| 194 | 273 | POMASTOWSKI GRZEGORZ | | ----- | 54M60/2 | M / 173 | 00:16:18 / 318 | 00:04:28 / 235 | 00:37:22 / 141 | 00:02:40 / 176 | 00:25:14 / 236 | 01:26:02 | 00:26:47 |
| 195 | 493 | CIEŚLAK MICHAŁ | | POL NIEZRZESZONY | 77M35/33 | M / 174 | 00:15:12 / 230 | 00:05:29 / 232 | 00:38:16 / 179 | 00:02:06 / 183 | 00:24:59 / 218 | 01:26:02 | 00:26:47 |
| 196 | 539 | NIEDZWIEDZKI TOMASZ | | POL NIEZRZESZONY | 76M35/34 | M / 175 | 00:13:21 / 113 | 00:05:56 / 155 | 00:40:04 / 261 | 00:02:45 / 212 | 00:23:59 / 165 | 01:26:05 | 00:26:50 |
| 197 | 583 | GRZEBIŃ PIOTR | | POL | 83M30/38 | M / 176 | 00:15:54 / 281 | 00:05:27 / 265 | 00:43:22 / 364 | 00:01:55 / 313 | 00:19:35 / 20 | 01:26:13 | 00:26:58 |
| 198 | 511 | ZAWRZYKRAJ PAWEŁ | | POL TEAM HERBALIFE | 81M30/39 | M / 177 | 00:15:10 / 228 | 00:06:02 / 258 | 00:37:25 / 147 | 00:02:50 / 193 | 00:24:56 / 215 | 01:26:23 | 00:27:08 |
| 199 | 423 | BORKOWSKI GRZEGORZ | | POL NIEZRZESZONY | 77M35/35 | M / 178 | 00:18:10 / 403 | 00:06:49 / 408 | 00:36:26 / 86 | 00:02:50 / 254 | 00:22:09 / 91 | 01:26:24 | 00:27:09 |
| 200 | 183 | ANDRZEJEWSKA PAULINA | | POL NIGHT RUNNERS | 88K24/1 | K / 22 | 00:14:36 / 198 | 00:04:58 / 169 | 00:39:48 / 245 | 00:02:18 / 200 | 00:24:54 / 213 | 01:26:34 | 00:27:19 |
| 201 | 155 | WAWRZYNIAK MAREK | | POL NIEZRZESZONY | 72M40/21 | M / 179 | 00:16:06 / 301 | 00:05:32 / 284 | 00:37:20 / 140 | 00:02:27 / 191 | 00:25:11 / 230 | 01:26:36 | 00:27:21 |
| 202 | 307 | KOWALCZYK PAWEŁ | | POL LKS SPRINTER SIEMIATYCZE | 82M30/40 | M / 180 | 00:15:05 / 223 | 00:05:15 / 218 | 00:39:29 / 230 | 00:02:07 / 209 | 00:24:43 / 204 | 01:26:39 | 00:27:24 |
| 203 | 414 | PRUSZAK PIOTR | | POL NIEZRZESZONY | 85M24/34 | M / 181 | 00:15:01 / 220 | 00:04:43 / 177 | 00:40:51 / 287 | 00:01:49 / 217 | 00:24:17 / 180 | 01:26:41 | 00:27:26 |
| 204 | 356 | DZIERZSKO RAFAŁ | | POL NADAKTYWNI SPRINT TRITEAM | 79M35/36 | M / 182 | | | 00:37:15 / 129 | 00:03:04 / 139 | 00:27:39 / 328 | 01:26:43 | 00:27:28 |
| 205 | 582 | CZERSKA-MAZUR PAULINA | | POL | 85K24/2 | K / 23 | 00:18:36 / 417 | 00:05:07 / 373 | 00:39:54 / 252 | 00:02:10 / 296 | 00:20:56 / 53 | 01:26:43 | 00:27:28 |
| 206 | 300 | WOJCIECHOWSKI ROBERT | | POL BRAK | 71M40/22 | M / 183 | 00:16:23 / 322 | 00:05:07 / 274 | 00:41:32 / 313 | 00:01:51 / 274 | 00:21:57 / 84 | 01:26:50 | 00:27:35 |
| 207 | 336 | OSSOWSKI MACIEJ | | POL STRUSIE ZE STRYCHU | 83M30/41 | M / 184 | 00:19:14 / 429 | 00:05:28 / 395 | 00:37:42 / 160 | 00:02:12 / 263 | 00:22:15 / 96 | 01:26:51 | 00:27:36 |
| 208 | 562 | ROMAN KRZYSZTOF | | POL NIEZRZESZONY | 77M35/37 | M / 185 | 00:16:00 / 293 | 00:05:50 / 291 | 00:38:12 / 174 | 00:03:19 / 245 | 00:23:30 / 141 | 01:26:51 | 00:27:36 |
| 209 | 475 | WARZYBOK MAGDALENA | | POL TRINERGY TEAM | 82K30/3 | K / 24 | 00:15:37 / 263 | 00:05:05 / 233 | 00:40:01 / 258 | 00:02:25 / 242 | 00:23:45 / 154 | 01:26:53 | 00:27:38 |
| 210 | 503 | POHREBOVIC ROMAN | | SVK TEAM HERBALIFE | 69M45/8 | M / 186 | 00:17:24 / 378 | 00:05:47 / 356 | 00:37:16 / 132 | 00:02:07 / 221 | 00:24:23 / 190 | 01:26:57 | 00:27:42 |
| 211 | 246 | MOLIN BARTOSZ | | POL NIEZRZESZONY | 84M30/42 | M / 187 | 00:13:54 / 154 | 00:06:40 / 231 | 00:39:19 / 221 | 00:02:55 / 235 | 00:24:13 / 178 | 01:27:01 | 00:27:46 |
| 212 | 473 | JABŁOŃSKI PRZEMYSŁAW | | POL POLAND | 80M30/43 | M / 188 | 00:17:12 / 368 | 00:06:03 / 361 | 00:38:08 / 172 | 00:03:32 / 275 | 00:22:25 / 103 | 01:27:20 | 00:28:05 |
| 213 | 408 | MAKOWSKI MARIUSZ | | POL ARTMAR | 70M40/23 | M / 189 | 00:12:10 / 67 | 00:05:48 / 98 | 00:38:36 / 189 | 00:02:57 / 152 | 00:27:54 / 336 | 01:27:25 | 00:28:10 |
| 214 | 256 | MICHALAK KAROLINA | | POL UKS TRI-TEAM RUMIA | 95K18/4 | K / 25 | 00:14:15 / 178 | 00:04:33 / 133 | 00:43:38 / 368 | 00:02:12 / 265 | 00:22:51 / 120 | 01:27:29 | 00:28:14 |
| 215 | 361 | DUDZIŃSKI JANUSZ | | POL RAZ KOZIE ŚMIERĆ | 74M40/24 | M / 190 | 00:25:48 / 452 | 00:08:2 / 84 | 00:42:24 / 337 | 00:02:48 / 228 | 00:24:53 / 211 | 01:27:32 | 00:28:17 |
| 216 | 429 | GAŚIEWSKA ZUZA | | POL BOOT CAMP POLSKA | 78K35/6 | K / 26 | 00:14:53 / 212 | 00:04:31 / 160 | 00:38:42 / 199 | 00:02:19 / 168 | 00:27:08 / 311 | 01:27:33 | 00:28:18 |
| 217 | 225 | RYFA JAKUB | | POL ARONMEN | 80M30/44 | M / 191 | 00:13:13 / 102 | 00:05:37 / 136 | 00:39:51 / 248 | 00:02:56 / 197 | 00:25:57 / 268 | 01:27:34 | 00:28:19 |
| 218 | 118 | HANCZEWSKA MARTA | | POL HASACZE SZCZECIN | 84K30/4 | K / 27 | 00:13:35 / 125 | 00:05:14 / 134 | 00:41:22 / 306 | | | 01:27:42 | 00:28:27 |
| 219 | 265 | WINNIK PIOTR | | POL NIEZRZESZONY | 84M30/45 | M / 192 | 00:15:46 / 272 | 00:06:47 / 322 | 00:40:41 / 280 | 00:02:02 / 286 | 00:22:31 / 105 | 01:27:47 | 00:28:32 |
| 220 | 173 | KLAMMER MARCIN | | POL NIEZRZESZONY | 70M40/25 | M / 193 | 00:15:07 / 226 | 00:04:46 / 183 | 00:40:06 / 262 | 00:03:07 / 241 | 00:24:41 / 202 | 01:27:47 | 00:28:32 |
| 221 | 373 | GÓRA HENRYK | | POL SAINT-GOBAIN SQUAD | 71M40/26 | M / 194 | 00:14:34 / 194 | 00:06:31 / 250 | 00:36:52 / 108 | 00:03:41 / 199 | 00:26:10 / 279 | 01:27:48 | 00:28:33 |
| 222 | 499 | LENKOVA JANA | | CZE TEAM HERBALIFE | 75M35/38 | M / 195 | 00:15:51 / 275 | 00:05:50 / 285 | 00:38:38 / 192 | 00:02:24 / 234 | 00:25:10 / 229 | 01:27:53 | 00:28:38 |
| 223 | 83 | DRAUSAL SEBASTIAN | | POL XTRAINER.PL | 77M35/39 | M / 196 | 00:14:03 / 164 | 00:06:03 / 198 | 00:39:42 / 238 | 00:02:48 / 224 | 00:25:21 / 244 | 01:27:57 | 00:28:42 |
| 224 | 528 | DLUBAŁA MAREK | | POL MSPORT TEAM/RCS | 81M30/46 | M / 197 | 00:14:53 / 213 | 00:07:36 / 320 | 00:40:10 / 265 | 00:02:23 / 281 | 00:22:55 / 122 | 01:27:57 | 00:28:42 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|----------------------------|------|------------------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 225 | 107 | KODYM PIOTR | POL | NIEZRZESZONY | 78M35/40 | M / 198 | 00:15:12 / 231 | 00:06:32 / 287 | 00:36:55 / 110 | 00:03:11 / 205 | 00:26:10 / 278 | 01:28:00 | 00:28:45 |
| 226 | 492 | JAWOREK JAROSŁAW | POL | NIEZRZESZONY | 76M35/41 | M / 199 | 00:13:57 / 159 | 00:05:39 / 171 | 00:40:32 / 275 | 00:02:20 / 219 | 00:25:40 / 253 | 01:28:08 | 00:28:53 |
| 227 | 108 | LIBUCHA JACEK | POL | NIEZRZESZONY | 76M35/42 | M / 200 | 00:12:50 / 89 | 00:05:16 / 106 | 00:41:00 / 296 | 00:02:40 / 203 | 00:26:22 / 284 | 01:28:08 | 00:28:53 |
| 228 | 339 | WASILEWSKI PIOTR | POL | NIEZRZESZONY | 81M30/47 | M / 201 | 00:13:29 / 116 | 00:06:49 / 215 | 00:40:09 / 264 | 00:02:36 / 238 | 00:25:13 / 235 | 01:28:16 | 00:29:01 |
| 229 | 320 | GRAJEK KRZYSZTOF | POL | NIEZRZESZONY | 80M30/48 | M / 202 | 00:15:22 / 243 | 00:06:04 / 272 | 00:40:28 / 272 | 00:02:37 / 259 | 00:23:46 / 155 | 01:28:17 | 00:29:02 |
| 230 | 257 | PIJANOWSKA SYLWIA | POL | UKS TRI-TEAM RUMIA | 95K18/5 | K / 28 | 00:13:51 / 145 | 00:04:12 / 102 | 00:41:46 / 316 | 00:02:06 / 207 | 00:26:22 / 283 | 01:28:17 | 00:29:02 |
| 231 | 395 | MARKIEWICZ JAROSŁAW | POL | WWW.VILLAALEX.PL TRI-SEA | 77M35/43 | M / 203 | 00:14:58 / 216 | 00:06:25 / 267 | 00:38:10 / 173 | 00:03:15 / 236 | 00:25:29 / 251 | 01:28:17 | 00:29:02 |
| 232 | 100 | UBYSZ KAROLINA ALEKSANDRA | POL | NIEZRZESZONY | 83K30/5 | K / 29 | 00:18:40 / 419 | 00:05:04 / 375 | 00:40:08 / 263 | 00:02:39 / 310 | 00:21:48 / 79 | 01:28:19 | 00:29:04 |
| 233 | 190 | POKRZYWIŃSKA OSIOR BEATA | POL | BIEGAMBOLUBIĘ WYDMINY | 86K24/3 | K / 30 | 00:16:51 / 342 | 00:04:44 / 280 | 00:43:55 / 371 | 00:02:16 / 329 | 00:20:35 / 44 | 01:28:21 | 00:29:06 |
| 234 | 174 | SUDOŁ ŁUKASZ | POL | TRICLUB | 87M24/35 | M / 204 | 00:14:32 / 190 | 00:05:39 / 205 | 00:40:19 / 269 | 00:02:05 / 223 | 00:25:49 / 256 | 01:28:24 | 00:29:09 |
| 235 | 31 | PLECKE PIOTR | POL | NIEZRZESZONY | 84M30/49 | M / 205 | 00:15:01 / 221 | 00:06:02 / 249 | 00:38:14 / 176 | 00:02:37 / 206 | 00:26:36 / 288 | 01:28:30 | 00:29:15 |
| 236 | 184 | PISKORZ JUSTYNA | POL | COMPLEXSPORTS | 86K24/4 | K / 31 | 00:15:56 / 282 | 00:05:12 / 255 | 00:41:55 / 322 | 00:01:55 / 279 | 00:23:35 / 146 | 01:28:33 | 00:29:18 |
| 237 | 204 | MATUSIAK GRZEGORZ | POL | NIEZRZESZONY | 78M35/44 | M / 206 | 00:16:12 / 306 | 00:06:31 / 332 | 00:37:33 / 154 | 00:02:50 / 240 | 00:25:27 / 249 | 01:28:33 | 00:29:18 |
| 238 | 367 | STUDENCKI JACEK | POL | NIEZRZESZONY | 80M30/50 | M / 207 | 00:13:17 / 108 | 00:06:54 / 206 | 00:41:52 / 320 | 00:02:30 / 261 | 00:24:02 / 169 | 01:28:35 | 00:29:20 |
| 239 | 537 | SULIMA JACEK | POL | NIEZRZESZONY | 72M40/27 | M / 208 | 00:14:47 / 205 | 00:05:36 / 222 | 00:39:13 / 216 | 00:02:59 / 222 | 00:26:01 / 272 | 01:28:36 | 00:29:21 |
| 240 | 185 | JANIK PAWEŁ | POL | AT TEAM | 75M35/45 | M / 209 | 00:16:12 / 307 | 00:05:21 / 276 | 00:41:23 / 307 | 00:02:55 / 300 | 00:22:46 / 116 | 01:28:37 | 00:29:22 |
| 241 | 490 | MICHAŁOWICZ ADAM | POL | NIEZRZESZONY | 76M35/46 | M / 210 | 00:16:48 / 339 | 00:05:53 / 328 | 00:38:56 / 203 | 00:02:44 / 256 | 00:24:20 / 184 | 01:28:41 | 00:29:26 |
| 242 | 337 | SAMOJLIK ZBIGNIEW | POL | TRINERGY | 71M40/28 | M / 211 | 00:16:59 / 352 | 00:05:43 / 330 | 00:38:38 / 195 | 00:02:49 / 252 | 00:24:35 / 199 | 01:28:44 | 00:29:29 |
| 243 | 44 | GAST BARTŁOMIEJ | POL | BLUE MEDIA TEAM | 78M35/47 | M / 212 | 00:13:14 / 104 | 00:05:39 / 140 | 00:40:30 / 274 | 00:02:24 / 204 | 00:26:58 / 303 | 01:28:45 | 00:29:30 |
| 244 | 25 | GARDZIEJCZYK DANIEL | POL | NIEZRZESZONY | 83M30/51 | M / 213 | 00:13:54 / 152 | 00:06:16 / 203 | 00:39:42 / 239 | 00:02:15 / 213 | 00:26:39 / 290 | 01:28:46 | 00:29:31 |
| 245 | 364 | SEIBERT SVEN | POL | NIEZRZESZONY | 77M35/48 | M / 214 | 00:16:51 / 343 | 00:05:15 / 302 | 00:43:01 / 352 | 00:01:57 / 319 | 00:21:49 / 80 | 01:28:53 | 00:29:38 |
| 246 | 341 | WÓJCIK EWA | POL | NIEZRZESZONY | 61K40/2 | K / 32 | 00:15:54 / 280 | 00:05:31 / 269 | 00:39:51 / 249 | 00:02:53 / 253 | 00:24:47 / 206 | 01:28:56 | 00:29:41 |
| 247 | 502 | PASZTELANIEC DARIUSZ | POL | TEAM HERBALIFE | 83M30/52 | M / 215 | 00:17:51 / 394 | 00:07:14 / 411 | 00:39:48 / 246 | 00:02:01 / 317 | 00:22:08 / 89 | 01:29:02 | 00:29:47 |
| 248 | 70 | SZACHOGLUCHOWICZ KRZYSZTOF | POL | NIEZRZESZONY | 88M24/36 | M / 216 | 00:16:13 / 311 | 00:05:58 / 307 | 00:40:13 / 266 | 00:01:51 / 255 | 00:24:48 / 209 | 01:29:03 | 00:29:48 |
| 249 | 18 | OSTROWSKI MICHAŁ | POL | ONEMAN TEAM | 76M35/49 | M / 217 | 00:17:33 / 387 | 00:05:23 / 338 | 00:39:56 / 255 | 00:02:30 / 287 | 00:23:41 / 153 | 01:29:03 | 00:29:48 |
| 250 | 498 | JANKOWIAK ŁUKASZ | POL | TEAM HERBALIFE | 92M20/16 | M / 218 | 00:12:45 / 85 | 00:09:25 / 305 | 00:40:12 / 267 | 00:02:30 / 273 | 00:24:12 / 176 | 01:29:04 | 00:29:49 |
| 251 | 412 | PETELSKA KATARZYNA | POL | POWERON3CITY | 86K24/5 | K / 33 | 00:14:28 / 186 | 00:05:01 / 165 | 00:40:56 / 293 | 00:02:40 / 239 | 00:26:00 / 271 | 01:29:05 | 00:29:50 |
| 252 | 245 | GOSZ ADAM | POL | COMPLEXSPORTS TRIATHLON TEAM | 73M40/29 | M / 219 | 00:18:12 / 405 | 00:05:30 / 372 | 00:39:27 / 229 | 00:02:33 / 295 | 00:23:32 / 144 | 01:29:14 | 00:29:59 |
| 253 | 379 | GRONOWSKI TOMASZ | POL | NIEZRZESZONY | 81M30/53 | M / 220 | 00:13:59 / 161 | 00:05:53 / 182 | 00:39:23 / 228 | 00:02:22 / 198 | 00:27:40 / 329 | 01:29:17 | 00:30:02 |
| 254 | 445 | TOMASZEWSKI WOJCIECH | POL | NIEZRZESZONY | 70M40/30 | M / 221 | 00:16:10 / 304 | 00:06:04 / 310 | 00:40:46 / 283 | 00:01:56 / 276 | 00:24:24 / 191 | 01:29:20 | 00:30:05 |
| 255 | 436 | KORCZYŃSKI DANIEL | POL | BRAK | 81M30/54 | M / 222 | 00:14:15 / 177 | 00:05:53 / 201 | 00:39:21 / 225 | 00:03:10 / 227 | 00:26:46 / 296 | 01:29:25 | 00:30:10 |
| 256 | 103 | KOLKA ZBIGNIEW | POL | NIEZRZESZONY | 61M50/6 | M / 223 | 00:17:17 / 375 | 00:05:34 / 336 | 00:38:51 / 200 | 00:03:04 / 267 | 00:24:40 / 201 | 01:29:26 | 00:30:11 |
| 257 | 560 | KLABIŃSKI PRZEMYSŁAW | POL | MEIBERS | 75M35/50 | M / 224 | 00:15:15 / 235 | 00:06:22 / 283 | 00:38:18 / 180 | 00:02:37 / 220 | 00:27:06 / 308 | 01:29:38 | 00:30:23 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|--------------------------|------|-----------------------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 258 | 61 | KAZMIERCZAK KRZYSZTOF | POL | NIEZRZESZONY | 59M55/1 | M / 225 | 00:13:54 / 153 | 00:05:16 / 150 | 00:38:03 / 171 | 00:03:08 / 165 | 00:29:17 / 373 | 01:29:38 | 00:30:23 |
| 259 | 138 | JARLIŃSKI RAFAŁ | POL | ORKA ILAWA | 68M45/9 | M / 226 | 00:14:14 / 176 | 00:05:49 / 193 | 00:39:42 / 240 | 00:02:55 / 229 | 00:27:12 / 315 | 01:29:52 | 00:30:37 |
| 260 | 482 | MAZANEK DIETMAR | AUT | PODKOWIAŃSKIE TOWARZYSTWO BIEGOWE | 73M40/31 | M / 227 | 00:15:24 / 244 | 00:05:34 / 244 | 00:41:20 / 305 | 00:02:38 / 277 | 00:24:57 / 216 | 01:29:53 | 00:30:38 |
| 261 | 220 | KORNIJENKO ROBERT | POL | FERA BIKES | 80M30/55 | M / 228 | 00:14:18 / 180 | 00:06:08 / 225 | 00:41:14 / 303 | 00:02:19 / 249 | 00:25:57 / 269 | 01:29:56 | 00:30:41 |
| 262 | 401 | CZAŚTKA TOMASZ | POL | GDYNIA SPORT | 85M24/37 | M / 229 | 00:15:07 / 225 | 00:06:45 / 294 | 00:40:37 / 277 | 00:02:23 / 272 | 00:25:07 / 225 | 01:29:59 | 00:30:44 |
| 263 | 563 | DĘBIEC PIOTR | POL | NIEZRZESZONY | 88M24/38 | M / 230 | 00:16:23 / 321 | 00:07:34 / 383 | 00:38:38 / 196 | 00:03:13 / 297 | 00:24:20 / 181 | 01:30:08 | 00:30:53 |
| 264 | 415 | SICIŃSKI MACIEJ | POL | NIEZRZESZONY | 78M35/51 | M / 231 | 00:15:42 / 267 | 00:06:31 / 309 | 00:36:31 / 90 | 00:03:12 / 210 | 00:28:16 / 343 | 01:30:12 | 00:30:57 |
| 265 | 454 | BIEDROŃ PIOTR | POL | NIEZRZESZONY | 87M24/39 | M / 232 | 00:15:58 / 285 | 00:04:29 / 226 | 00:42:39 / 344 | 00:01:46 / 271 | 00:25:20 / 242 | 01:30:12 | 00:30:57 |
| 266 | 397 | AUGUSTYNIAK JAROSŁAW | POL | NIEZRZESZONY | 73M40/32 | M / 233 | 00:14:00 / 163 | 00:06:12 / 207 | 00:39:54 / 251 | 00:03:04 / 243 | 00:27:07 / 310 | 01:30:17 | 00:31:02 |
| 267 | 375 | RYNKIEWICZ ROMAN | POL | NIEZRZESZONY | 79M35/52 | M / 234 | 00:16:00 / 292 | 00:05:37 / 282 | 00:41:27 / 310 | 00:02:08 / 285 | 00:25:15 / 237 | 01:30:27 | 00:31:12 |
| 268 | 221 | KULENTY MARCIN | POL | FERA BIKES | 81M30/56 | M / 235 | 00:16:37 / 331 | 00:06:14 / 337 | 00:39:30 / 232 | 00:02:16 / 264 | 00:25:50 / 260 | 01:30:27 | 00:31:12 |
| 269 | 106 | CZAJKOWSKA MAGDALENA | POL | NIEZRZESZONY | 82K30/6 | K / 34 | 00:15:28 / 251 | 00:05:01 / 228 | 00:40:49 / 286 | 00:02:37 / 248 | 00:26:45 / 295 | 01:30:40 | 00:31:25 |
| 270 | 328 | KOZŁOWSKA JOANNA | POL | AKM OLIMP OLSZTYN | 82K30/7 | K / 35 | 00:17:16 / 373 | 00:05:47 / 344 | 00:39:56 / 254 | 00:03:17 / 307 | 00:24:38 / 200 | 01:30:54 | 00:31:39 |
| 271 | 229 | WSZEBOROWSKI DARIUSZ | POL | NIEZRZESZONY | 67M45/10 | M / 236 | 00:17:11 / 366 | 00:05:49 / 340 | 00:39:55 / 253 | 00:02:54 / 298 | 00:25:16 / 238 | 01:31:05 | 00:31:50 |
| 272 | 1 | SZAŁKIEWICZ KONRAD | POL | TEAM HERBALIFE | 72M40/33 | M / 237 | 00:17:03 / 356 | 00:05:42 / 333 | 00:37:16 / 133 | 00:02:50 / 237 | 00:28:15 / 344 | 01:31:06 | 00:31:51 |
| 273 | 266 | WIERZBIŃSKI MACIEJ | POL | NIEZRZESZONY | 81M30/57 | M / 238 | 00:17:35 / 390 | 00:05:46 / 364 | 00:39:19 / 220 | 00:02:21 / 280 | 00:26:11 / 280 | 01:31:12 | 00:31:57 |
| 274 | 419 | WAŚ MATEUSZ | POL | NIEZRZESZONY | 87M24/40 | M / 239 | 00:16:13 / 309 | 00:06:26 / 326 | 00:41:06 / 299 | 00:02:28 / 306 | 00:25:13 / 234 | 01:31:26 | 00:32:11 |
| 275 | 251 | SZUSTEK ADAM | POL | NIEZRZESZONY | 78M35/53 | M / 240 | 00:14:44 / 203 | 00:05:41 / 224 | 00:42:47 / 347 | 00:02:27 / 292 | 00:25:49 / 258 | 01:31:28 | 00:32:13 |
| 276 | 335 | GÓRECKI ROBERT | POL | NIEZRZESZONY | 76M35/54 | M / 241 | 00:15:36 / 262 | 00:06:31 / 303 | 00:43:28 / 366 | 00:03:30 / 355 | 00:22:25 / 102 | 01:31:30 | 00:32:15 |
| 277 | 497 | HUTNIK GRZEGORZ | POL | TEAM HERBALIFE | 84M30/58 | M / 242 | 00:17:52 / 395 | 00:06:50 / 396 | 00:39:23 / 226 | 00:03:24 / 327 | 00:24:01 / 167 | 01:31:30 | 00:32:15 |
| 278 | 134 | PIELA JOLANTA | POL | TRICLUB | 88K24/6 | K / 36 | 00:15:33 / 260 | 00:06:16 / 290 | 00:40:47 / 285 | 00:02:58 / 289 | 00:25:56 / 267 | 01:31:30 | 00:32:15 |
| 279 | 122 | DRACH-KOWALCZYK KAROLINA | POL | AKADEMIA KATE&KATE | 81K30/8 | K / 37 | 00:16:40 / 333 | 00:05:17 / 296 | 00:41:57 / 323 | 00:02:42 / 312 | 00:24:55 / 214 | 01:31:31 | 00:32:16 |
| 280 | 161 | SZAPIEL ANDRZEJ | POL | TRIATHLON TRÓJMIASTO | 63M50/7 | M / 243 | 00:14:30 / 187 | 00:05:44 / 210 | 00:38:38 / 194 | 00:02:51 / 202 | 00:29:52 / 389 | 01:31:35 | 00:32:20 |
| 281 | 233 | MAŚLANKA KAROLINA | POL | NIEZRZESZONY | 86K24/7 | K / 38 | 00:13:14 / 105 | 00:05:41 / 141 | 00:44:06 / 378 | 00:03:10 / 304 | 00:25:29 / 252 | 01:31:40 | 00:32:25 |
| 282 | 404 | CNOTA BARTŁOMIEJ | POL | PAPUNIS GDYNIA TEAM | 79M35/55 | M / 244 | 00:15:32 / 257 | 00:05:35 / 253 | 00:38:57 / 206 | 00:03:15 / 244 | 00:28:25 / 347 | 01:31:44 | 00:32:29 |
| 283 | 117 | NAGÓRSKA KAROLINA | POL | SZURAMBOLUBIE@BLOGSPOT.COM | 84K30/9 | K / 39 | 00:13:12 / 100 | 00:04:48 / 100 | 00:42:32 / 341 | 00:02:06 / 226 | 00:29:11 / 371 | 01:31:49 | 00:32:34 |
| 284 | 136 | JASIAK PIOTR | POL | NIEZRZESZONY | 70M40/34 | M / 245 | 00:14:26 / 184 | 00:06:07 / 230 | 00:38:39 / 197 | 00:02:14 / 192 | 00:30:28 / 405 | 01:31:54 | 00:32:39 |
| 285 | 53 | CZERWIEC MAGDALENA | POL | WATER KNIGHTS | 78K35/7 | K / 40 | 00:13:18 / 109 | 00:05:57 / 154 | 00:39:36 / 235 | 00:02:26 / 187 | 00:30:42 / 406 | 01:31:59 | 00:32:44 |
| 286 | 165 | RASPUNDA ARTUR | POL | NIEZRZESZONY | 71M40/35 | M / 246 | | | 00:37:39 / 157 | 00:03:06 / 345 | 00:23:23 / 134 | 01:32:01 | 00:32:46 |
| 287 | 283 | SANOCA MAGDALENA | POL | MOTOSYBERIA.COM | 84K30/10 | K / 41 | 00:17:14 / 370 | 00:05:34 / 334 | 00:40:50 / 288 | 00:02:34 / 305 | 00:25:50 / 259 | 01:32:02 | 00:32:47 |
| 288 | 403 | MŁYNARCZYK FILIP | POL | - | 76M35/56 | M / 247 | 00:11:44 / 54 | 00:05:36 / 81 | 00:46:33 / 410 | 00:02:15 / 303 | 00:26:01 / 273 | 01:32:09 | 00:32:54 |
| 289 | 440 | OTTO MARTA | POL | NIEZRZESZONY | 83K30/11 | K / 42 | 00:15:11 / 229 | 00:06:05 / 262 | 00:41:19 / 304 | 00:02:30 / 283 | 00:27:11 / 314 | 01:32:16 | 00:33:01 |
| 290 | 34 | ZABORSKI WALDEMAR | POL | PARKRUN | 70M40/36 | M / 248 | 00:15:28 / 253 | 00:06:04 / 275 | 00:39:48 / 244 | 00:03:19 / 266 | 00:27:47 / 333 | 01:32:26 | 00:33:11 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|----------------------|------|-------------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 291 | 476 | SIBORENKO PIOTR | POL | NIEZRZESZONY | 75M35/57 | M / 249 | 00:17:05 / 357 | 00:04:47 / 293 | 00:42:19 / 334 | 00:02:57 / 320 | 00:25:21 / 243 | 01:32:29 | 00:33:14 |
| 292 | 462 | KUSZNIEREWICZ TOMASZ | POL | NIEZRZESZONY | 71M40/37 | M / 250 | 00:17:31 / 384 | 00:06:00 / 367 | 00:40:44 / 282 | 00:02:55 / 321 | 00:25:19 / 240 | 01:32:29 | 00:33:14 |
| 293 | 137 | ZAWADZIŃSKI ROBERT | POL | NIEZRZESZONY | 74M40/38 | M / 251 | 00:14:17 / 179 | 00:05:34 / 179 | 00:43:14 / 359 | 00:02:25 / 288 | 00:27:03 / 307 | 01:32:33 | 00:33:18 |
| 294 | 535 | BORZEŃSKI PRZEMYSŁAW | POL | UKS TRI - TEAM RUMIA | 98M16/12 | M / 252 | 00:12:50 / 90 | 00:07:13 / 195 | 00:39:15 / 217 | 00:03:07 / 218 | 00:30:10 / 399 | 01:32:35 | 00:33:20 |
| 295 | 89 | WINNIK KAROLINA | POL | NIEZRZESZONY | 97K16/4 | K / 43 | 00:13:49 / 142 | 00:05:23 / 152 | 00:44:10 / 381 | 00:02:13 / 290 | 00:27:03 / 306 | 01:32:38 | 00:33:23 |
| 296 | 532 | GUMIENNY TOMASZ | POL | NIEZRZESZONY | 72M40/39 | M / 253 | 00:15:25 / 247 | 00:05:36 / 247 | 00:40:15 / 268 | 00:02:31 / 246 | 00:29:03 / 368 | 01:32:50 | 00:33:35 |
| 297 | 390 | KIJEWSKA KAMILA | POL | VEGE RUNNERS | 78K35/8 | K / 44 | 00:17:28 / 381 | 00:05:37 / 349 | 00:42:01 / 326 | 00:03:12 / 338 | 00:24:48 / 208 | 01:33:06 | 00:33:51 |
| 298 | 159 | JAŚKIEWICZ PAWEŁ | POL | NIEZRZESZONY | 78M35/58 | M / 254 | 00:15:53 / 277 | 00:06:24 / 311 | 00:39:50 / 247 | 00:02:29 / 262 | 00:28:30 / 355 | 01:33:06 | 00:33:51 |
| 299 | 196 | KRYGIER KATARZYNA | POL | NIEZRZESZONY | 82K30/12 | K / 45 | 00:14:56 / 215 | 00:06:00 / 242 | 00:42:11 / 333 | 00:02:52 / 301 | 00:27:09 / 312 | 01:33:08 | 00:33:53 |
| 300 | 87 | KURZYŃSKI KRYSZTIAN | POL | UBEZPIECZENIA-GDYNIA.PL | 76M35/59 | M / 255 | 00:15:52 / 276 | 00:07:55 / 378 | 00:37:36 / 155 | 00:03:25 / 268 | 00:28:24 / 346 | 01:33:12 | 00:33:57 |
| 301 | 555 | SALA PA BEATA | POL | GIANT POLSKA | 64K40/3 | K / 46 | 00:17:40 / 391 | 00:06:01 / 371 | 00:38:56 / 205 | 00:03:12 / 299 | 00:27:33 / 323 | 01:33:22 | 00:34:07 |
| 302 | 284 | PIETROSIUK ROMUALD | POL | NIEZRZESZONY | 53M60/3 | M / 256 | 00:17:50 / 393 | 00:06:04 / 381 | 00:38:58 / 207 | 00:03:08 / 302 | 00:27:22 / 317 | 01:33:22 | 00:34:07 |
| 303 | 110 | PUZYR JACEK | POL | EX SIEDLCE-GDAŃSK | 65M45/11 | M / 257 | 00:17:08 / 361 | 00:06:35 / 374 | 00:41:30 / 312 | 00:03:00 / 337 | 00:25:11 / 233 | 01:33:24 | 00:34:09 |
| 304 | 461 | LESIUK PIOTR | POL | LESIUKI | 73M40/40 | M / 258 | 00:13:52 / 147 | 00:05:34 / 161 | 00:41:26 / 309 | 00:03:39 / 258 | 00:28:59 / 365 | 01:33:30 | 00:34:15 |
| 305 | 296 | SZCZĘSNOWICZ NATALIA | POL | 10 BKPANC | 85K24/8 | K / 47 | 00:16:42 / 334 | 00:05:04 / 288 | 00:44:06 / 377 | 00:02:40 / 344 | 00:25:01 / 222 | 01:33:33 | 00:34:18 |
| 306 | 354 | KUBIAK SZCZEPAN | POL | NIEZRZESZONY | 76M35/60 | M / 259 | 00:14:20 / 181 | 00:05:41 / 192 | 00:41:24 / 308 | 00:03:08 / 260 | 00:29:04 / 370 | 01:33:37 | 00:34:22 |
| 307 | 533 | GRECZYŁO ADAM | POL | GO TRI KKS TEAM | 76M35/61 | M / 260 | 00:16:45 / 335 | 00:06:23 / 353 | 00:38:36 / 188 | 00:03:07 / 270 | 00:28:46 / 361 | 01:33:37 | 00:34:22 |
| 308 | 391 | BIELSKI BARTŁOMIEJ | POL | NIEZRZESZONY | 77M35/62 | M / 261 | 00:15:18 / 237 | 00:05:54 / 257 | 00:39:43 / 241 | 00:03:11 / 250 | 00:29:32 / 381 | 01:33:38 | 00:34:23 |
| 309 | 128 | GOSZCZYCKI ARKADIUSZ | POL | KACKIEWICZ TEAM | 92M20/17 | M / 262 | 00:13:50 / 143 | 00:05:53 / 176 | 00:40:22 / 270 | 00:02:38 / 232 | 00:30:57 / 411 | 01:33:40 | 00:34:25 |
| 310 | 425 | FRIEDRICH AREK | POL | WYRWIKUFLE.PL | 78M35/63 | M / 263 | 00:17:16 / 372 | 00:07:07 / 390 | 00:37:20 / 139 | 00:03:19 / 282 | 00:28:40 / 359 | 01:33:42 | 00:34:27 |
| 311 | 214 | DZIADUŁA JAROSŁAW | POL | NIEZRZESZONY | 69M45/12 | M / 264 | 00:15:24 / 245 | 00:05:33 / 243 | 00:41:48 / 318 | 00:02:55 / 293 | 00:28:03 / 337 | 01:33:43 | 00:34:28 |
| 312 | 113 | RUTKA KATARZYNA | POL | JTT KWIDZYN | 70K40/4 | K / 48 | 00:16:15 / 314 | 00:06:50 / 348 | 00:41:11 / 301 | 00:03:00 / 323 | 00:26:27 / 286 | 01:33:43 | 00:34:28 |
| 313 | 90 | KALITA ANNA | POL | NIEZRZESZONY | 70K40/5 | K / 49 | 00:16:29 / 326 | 00:05:56 / 317 | 00:42:58 / 351 | 00:02:55 / 339 | 00:25:26 / 247 | 01:33:44 | 00:34:29 |
| 314 | 298 | GAJKOWSKI DARIUSZ | POL | NIEZRZESZONY | 75M35/64 | M / 265 | 00:16:14 / 312 | 00:07:00 / 359 | 00:43:07 / 354 | 00:02:19 / 346 | 00:25:05 / 224 | 01:33:45 | 00:34:30 |
| 315 | 290 | BABSKI ŁUKASZ | POL | NIEZRZESZONY | 89M24/41 | M / 266 | 00:15:19 / 238 | 00:06:45 / 300 | 00:42:44 / 346 | 00:02:24 / 322 | 00:26:34 / 287 | 01:33:46 | 00:34:31 |
| 316 | 42 | TOBOŁA BARTOSZ | POL | LEW LĘBORK | 78M35/65 | M / 267 | 00:13:17 / 107 | 00:05:13 / 120 | 00:40:46 / 284 | 00:02:53 / 214 | 00:31:42 / 422 | 01:33:51 | 00:34:36 |
| 317 | 370 | GŁUSZEK JOANNA | POL | SPORTEVO | 86K24/9 | K / 50 | 00:13:47 / 140 | 00:05:32 / 158 | 00:42:01 / 325 | 00:02:33 / 247 | 00:30:11 / 400 | 01:34:04 | 00:34:49 |
| 318 | 259 | MŁOTOWSKI RAFAŁ | POL | NIEZRZESZONY | 67M45/13 | M / 268 | 00:13:49 / 141 | 00:08:31 / 315 | 00:41:33 / 314 | 00:03:27 / 324 | 00:26:54 / 300 | 01:34:14 | 00:34:59 |
| 319 | 433 | ZELEWSKI MARCIN | POL | NIEZRZESZONY | 78M35/66 | M / 269 | 00:16:49 / 341 | 00:07:11 / 384 | 00:39:41 / 237 | 00:03:06 / 316 | 00:27:27 / 320 | 01:34:14 | 00:34:59 |
| 320 | 243 | CZERWIŃSKA MARTYNA | POL | NIEZRZESZONY | 89K24/10 | K / 51 | 00:16:14 / 313 | 00:04:54 / 254 | 00:41:51 / 319 | 00:01:58 / 278 | 00:29:20 / 374 | 01:34:17 | 00:35:02 |
| 321 | 439 | SIKORA BARBARA | POL | NIEZRZESZONY | 74K40/6 | K / 52 | 00:15:37 / 265 | 00:05:50 / 273 | 00:41:06 / 298 | 00:02:17 / 269 | 00:29:30 / 380 | 01:34:20 | 00:35:05 |
| 322 | 398 | JASKUŁKE IRENEUSZ | POL | NIEZRZESZONY | 73M40/41 | M / 270 | 00:18:12 / 404 | 00:06:25 / 392 | 00:42:56 / 350 | 00:02:25 / 367 | 00:24:26 / 194 | 01:34:24 | 00:35:09 |
| 323 | 282 | KOWALSKI PAWEŁ | POL | NIEZRZESZONY | 79M35/67 | M / 271 | 00:13:28 / 115 | 00:07:14 / 234 | 00:46:15 / 402 | 00:02:10 / 356 | 00:25:19 / 241 | 01:34:26 | 00:35:11 |
| 324 | 202 | MELNICZUK BARTŁOMIEJ | POL | NIEZRZESZONY | 89M24/42 | M / 272 | 00:13:37 / 128 | 00:05:50 / 162 | 00:42:07 / 330 | 00:02:32 / 251 | 00:30:20 / 404 | 01:34:26 | 00:35:11 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|--------------------------|------|----------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 325 | 271 | MRZYGLÓD ŁUKASZ | POL | NIEZRZESZONY | 77M35/68 | M / 273 | 00:16:13 / 308 | 00:05:58 / 306 | 00:41:51 / 321 | 00:02:40 / 315 | 00:27:48 / 332 | 01:34:30 | 00:35:15 |
| 326 | 291 | FRĄCZEK BARTOSZ | POL | ATTEAM | 77M35/69 | M / 274 | 00:16:06 / 300 | 00:06:00 / 301 | 00:39:45 / 243 | 00:03:19 / 284 | 00:29:21 / 375 | 01:34:31 | 00:35:16 |
| 327 | 244 | BRONISZEWSKI MACIEJ | POL | NIEZRZESZONY | 82M30/59 | M / 275 | 00:16:02 / 295 | 00:07:17 / 362 | 00:41:08 / 300 | 00:03:26 / 331 | 00:26:41 / 294 | 01:34:34 | 00:35:19 |
| 328 | 546 | MADRALA MARCIN | POL | NIEZRZESZONY | 80M30/60 | M / 276 | 00:15:39 / 266 | 00:06:41 / 314 | 00:39:52 / 250 | 00:03:25 / 291 | 00:29:02 / 367 | 01:34:39 | 00:35:24 |
| 329 | 226 | PILARSKA MONIKA | POL | COMPLEXSPORTS | 84K30/13 | K / 53 | | | 00:43:15 / 360 | 00:03:07 / 314 | 00:28:04 / 338 | 01:34:43 | 00:35:28 |
| 330 | 522 | MAŚLAK PIOTR | POL | AFILIACJE.PL | 79M35/70 | M / 277 | 00:16:47 / 338 | 00:07:26 / 387 | 00:42:06 / 329 | 00:02:41 / 352 | 00:25:52 / 263 | 01:34:52 | 00:35:37 |
| 331 | 427 | GWÓDŹ MACIEJ | POL | NIEZRZESZONY | 71M40/42 | M / 278 | 00:16:33 / 327 | 00:06:31 / 345 | 00:40:52 / 289 | 00:02:33 / 308 | 00:28:26 / 348 | 01:34:55 | 00:35:40 |
| 332 | 346 | LOREK MARCIN | POL | NIEZRZESZONY | 71M40/43 | M / 279 | 00:18:15 / 407 | 00:05:57 / 386 | 00:42:26 / 338 | 00:02:33 / 357 | 00:25:48 / 255 | 01:34:59 | 00:35:44 |
| 333 | 187 | KABACINSKI PIOTR | POL | AMBIT | 75M35/71 | M / 280 | 00:17:07 / 360 | 00:06:18 / 366 | 00:41:59 / 324 | 00:02:57 / 342 | 00:26:40 / 293 | 01:35:01 | 00:35:46 |
| 334 | 199 | BURMAJSTER KRZYSZTOF | POL | NIEZRZESZONY | 71M40/44 | M / 281 | 00:16:36 / 329 | 00:05:12 / 289 | 00:42:54 / 349 | 00:03:27 / 336 | 00:26:55 / 301 | 01:35:04 | 00:35:49 |
| 335 | 416 | KSIĘŻYK MAREK | POL | SAINT-GOBAIN SQUAD | 77M35/72 | M / 282 | 00:16:02 / 296 | 00:06:38 / 327 | 00:42:32 / 340 | 00:04:13 / 359 | 00:25:55 / 265 | 01:35:20 | 00:36:05 |
| 336 | 550 | SZKOPEK KRZYSZTOF | POL | NIEZRZESZONY | 95M18/12 | M / 283 | 00:18:50 / 425 | 00:05:56 / 397 | 00:42:35 / 343 | 00:02:59 / 371 | 00:25:00 / 219 | 01:35:20 | 00:36:05 |
| 337 | 529 | PACEK MARCIN | POL | NIEZRZESZONY | 76M35/73 | M / 284 | 00:18:43 / 421 | 00:06:44 / 422 | 00:40:59 / 295 | 00:04:00 / 372 | 00:24:58 / 217 | 01:35:24 | 00:36:09 |
| 338 | 145 | WIECZOREK ADAM | POL | NIEZRZESZONY | 90M24/43 | M / 285 | 00:15:59 / 287 | 00:07:22 / 363 | 00:43:08 / 356 | 00:02:49 / 358 | 00:26:07 / 275 | 01:35:25 | 00:36:10 |
| 339 | 387 | ŁOŚ EMILIA | POL | TRI POLPHARMA | 85K24/11 | K / 54 | 00:15:26 / 248 | 00:06:00 / 271 | 00:44:32 / 386 | 00:02:20 / 340 | 00:27:07 / 309 | 01:35:25 | 00:36:10 |
| 340 | 35 | SMOŁKO GRZEGORZ | POL | NIEZRZESZONY | 82M30/61 | M / 286 | 00:18:09 / 402 | 00:06:38 / 398 | 00:44:59 / 390 | 00:02:42 / 394 | 00:23:09 / 127 | 01:35:37 | 00:36:22 |
| 341 | 483 | CHARKOT-PECHMAN ANGELIKA | POL | NIEZRZESZONY | 84K30/14 | K / 55 | 00:18:42 / 420 | 00:05:36 / 389 | 00:42:05 / 328 | 00:03:08 / 361 | 00:26:09 / 277 | 01:35:40 | 00:36:25 |
| 342 | 477 | DROZDEK RADOSŁAW | POL | POWERON3CITY | 73M40/45 | M / 287 | 00:15:33 / 259 | 00:06:55 / 319 | 00:41:44 / 315 | 00:03:09 / 325 | 00:28:29 / 350 | 01:35:50 | 00:36:35 |
| 343 | 312 | ŻADKOWSKI MICHAŁ | POL | NIEZRZESZONY | 79M35/74 | M / 288 | 00:15:33 / 258 | 00:06:02 / 281 | 00:41:02 / 297 | 00:03:04 / 294 | 00:30:13 / 401 | 01:35:54 | 00:36:39 |
| 344 | 507 | SZAŁKOWSKI DARIUSZ | POL | TEAM HERBALIFE | 67M45/14 | M / 289 | 00:18:25 / 412 | 00:06:27 / 401 | 00:40:04 / 260 | 00:02:36 / 328 | 00:28:27 / 349 | 01:35:59 | 00:36:44 |
| 345 | 549 | MAZUR WOJCIECH | POL | NIEZRZESZONY | 85M24/44 | M / 290 | 00:15:54 / 279 | 00:07:17 / 355 | 00:40:56 / 292 | 00:03:50 / 333 | 00:28:05 / 339 | 01:36:02 | 00:36:47 |
| 346 | 574 | ZBYCHORSKA MONIKA | POL | NIEZRZESZONY | 86K24/12 | K / 56 | 00:15:54 / 278 | 00:07:16 / 354 | 00:40:56 / 291 | 00:03:50 / 332 | 00:28:06 / 340 | 01:36:02 | 00:36:47 |
| 347 | 26 | PORZEŻYŃSKI MACIEJ | POL | NIEZRZESZONY | 94M20/18 | M / 291 | 00:13:19 / 111 | 00:05:53 / 153 | 00:45:03 / 391 | 00:02:15 / 309 | 00:29:51 / 388 | 01:36:21 | 00:37:06 |
| 348 | 219 | BOCHNIAK PAWEŁ | POL | LOTOS RUNNING TEAM | 81M30/62 | M / 292 | 00:18:44 / 422 | 00:06:47 / 424 | 00:40:55 / 290 | 00:02:38 / 353 | 00:27:31 / 322 | 01:36:35 | 00:37:20 |
| 349 | 45 | SAGANOWSKA AGNIESZKA | POL | MOBILER | 76K35/9 | K / 57 | 00:13:35 / 126 | 00:07:40 / 261 | 00:44:19 / 382 | 00:03:10 / 348 | 00:27:52 / 334 | 01:36:36 | 00:37:21 |
| 350 | 71 | STASIEWICZ KRZYSZTOF | POL | NIEZRZESZONY | 58M55/2 | M / 293 | 00:17:46 / 392 | 00:06:43 / 391 | 00:43:17 / 361 | 00:03:01 / 380 | 00:25:49 / 257 | 01:36:36 | 00:37:21 |
| 351 | 33 | KARBIAK ALEKSANDER | POL | NIEZRZESZONY | 97M16/13 | M / 294 | 00:16:46 / 337 | 00:05:26 / 308 | 00:43:42 / 370 | 00:02:12 / 335 | 00:28:31 / 356 | 01:36:37 | 00:37:22 |
| 352 | 222 | SZPUNAR ANTONI | POL | COMPLECSPTS | 97M16/14 | M / 295 | 00:13:55 / 157 | 00:07:11 / 251 | 00:44:28 / 385 | 00:03:09 / 347 | 00:27:54 / 335 | 01:36:37 | 00:37:22 |
| 353 | 250 | CISOWSKA MARTA | POL | DREAM TEAM | 79K35/10 | K / 58 | 00:13:19 / 112 | 00:05:34 / 139 | 00:46:57 / 416 | 00:02:29 / 341 | 00:28:28 / 351 | 01:36:47 | 00:37:32 |
| 354 | 448 | PIOTROWSKA AGATA | POL | NIEZRZESZONY | 84K30/15 | K / 59 | 00:17:15 / 371 | 00:05:50 / 346 | 00:45:50 / 399 | 00:02:11 / 382 | 00:25:46 / 254 | 01:36:52 | 00:37:37 |
| 355 | 57 | GALIŃSKI TOMASZ | POL | RADIO GDAŃSK | 72M40/46 | M / 296 | 00:20:09 / 442 | 00:05:47 / 427 | 00:40:58 / 294 | 00:02:50 / 364 | 00:27:37 / 326 | 01:37:21 | 00:38:06 |
| 356 | 358 | TOBIASZ ANNA | POL | NIEZRZESZONY | 83K30/16 | K / 60 | 00:16:16 / 317 | 00:06:07 / 316 | 00:41:47 / 317 | 00:03:17 / 326 | 00:30:03 / 394 | 01:37:30 | 00:38:15 |
| 357 | 37 | NOWAK KAROLINA | POL | TRIATHLON TRÓJMIASTO | 89K24/13 | K / 61 | 00:15:28 / 252 | 00:06:41 / 304 | 00:43:18 / 362 | 00:03:02 / 343 | 00:29:13 / 372 | 01:37:42 | 00:38:27 |
| 358 | 68 | JEDLEWSKI KRZYSZTOF | POL | NIEZRZESZONY | 78M35/75 | M / 297 | 00:17:24 / 379 | 00:06:46 / 385 | 00:42:41 / 345 | 00:03:41 / 374 | 00:27:17 / 316 | 01:37:49 | 00:38:34 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|----------------------|------|--------------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 359 | 489 | PAWŁOWSKI KRZYSZTOF | POL | NIEZRZESZONY | 84M30/63 | M / 298 | 00:16:57 / 350 | 00:08:33 / 423 | 00:40:01 / 259 | 00:04:00 / 362 | 00:28:30 / 354 | 01:38:01 | 00:38:46 |
| 360 | 584 | ZAWODNIK ROBERT | POL | LABOSPORT | 83M30/64 | M / 299 | 00:16:56 / 349 | 00:06:07 / 343 | 00:42:03 / 327 | 00:02:46 / 330 | 00:30:10 / 398 | 01:38:02 | 00:38:47 |
| 361 | 272 | CHRZANOWSKI MICHAŁ | POL | BIEGAM BO LUBIĘ KRAKÓW | 83M30/65 | M / 300 | 00:15:31 / 256 | 00:07:28 / 339 | 00:43:32 / 367 | 00:04:02 / 376 | 00:27:32 / 324 | 01:38:05 | 00:38:50 |
| 362 | 319 | GRAJEK MONIKA | POL | NIEZRZESZONY | 79K35/11 | K / 62 | 00:17:02 / 354 | 00:05:30 / 321 | 00:44:00 / 373 | 00:02:53 / 360 | 00:28:54 / 364 | 01:38:19 | 00:39:04 |
| 363 | 240 | WOSKOWICZ ODA | POL | NIEZRZESZONY | 85K24/14 | K / 63 | 00:15:27 / 250 | 00:09:29 / 407 | 00:41:29 / 311 | 00:02:20 / 349 | 00:29:40 / 382 | 01:38:25 | 00:39:10 |
| 364 | 561 | CZOSNYŁA MARCIN | POL | NIEZRZESZONY | 74M40/47 | M / 301 | 00:19:16 / 432 | 00:06:29 / 425 | 00:42:34 / 342 | 00:02:21 / 377 | 00:27:46 / 331 | 01:38:26 | 00:39:11 |
| 365 | 457 | KĄDZIELA URSZULA | POL | NIEZRZESZONY | 70K40/7 | K / 64 | 00:15:57 / 284 | 00:06:21 / 312 | 00:47:07 / 418 | 00:03:04 / 395 | 00:25:58 / 270 | 01:38:27 | 00:39:12 |
| 366 | 548 | NOWAK WOJCIECH | POL | FIZJOPUNKT NIEPOŁOMICE | 82M30/66 | M / 302 | 00:16:35 / 328 | 00:06:30 / 347 | 00:44:02 / 374 | 00:02:52 / 368 | 00:28:29 / 352 | 01:38:28 | 00:39:13 |
| 367 | 294 | DUNAJSKI PIOTR | POL | NIEZRZESZONY | 76M35/76 | M / 303 | 00:17:14 / 369 | 00:07:41 / 406 | 00:44:24 / 383 | 00:03:28 / 399 | 00:25:51 / 262 | 01:38:38 | 00:39:23 |
| 368 | 143 | LISTWOŃ PIOTR | POL | NIEZRZESZONY | 84M30/67 | M / 304 | 00:16:24 / 323 | 00:07:17 / 370 | 00:43:41 / 369 | 00:03:53 / 384 | 00:27:28 / 321 | 01:38:43 | 00:39:28 |
| 369 | 212 | ROSINKE ZUZANNA | POL | NIEZRZESZONY | 89K24/15 | K / 65 | 00:15:35 / 261 | 00:05:40 / 260 | 00:39:31 / 233 | 00:03:35 / 257 | 00:34:27 / 438 | 01:38:48 | 00:39:33 |
| 370 | 363 | GORA ANNA | POL | NIEZRZESZONY | 83K30/17 | K / 66 | 00:16:00 / 291 | 00:05:26 / 270 | 00:46:57 / 415 | 00:02:07 / 373 | 00:28:20 / 345 | 01:38:50 | 00:39:35 |
| 371 | 518 | ROZBICKI MACIEJ | POL | COMPLEXSPORT | 82M30/68 | M / 305 | 00:16:27 / 324 | 00:06:46 / 357 | 00:40:32 / 276 | 00:03:10 / 318 | 00:31:57 / 425 | 01:38:52 | 00:39:37 |
| 372 | 112 | ZIELIŃSKA DOMINIKA | POL | NIEZRZESZONY | 80K30/18 | K / 67 | 00:11:58 / 61 | 00:05:53 / 92 | 00:45:44 / 398 | 00:02:57 / 311 | 00:32:35 / 433 | 01:39:07 | 00:39:52 |
| 373 | 181 | ZIĄBKA KAROLINA | POL | TRICLUB | 84K30/19 | K / 68 | 00:14:42 / 202 | 00:06:20 / 248 | 00:47:05 / 417 | 00:02:26 / 375 | 00:28:47 / 362 | 01:39:20 | 00:40:05 |
| 374 | 111 | RESPONDEK WOJCIECH | POL | KKS | 73M40/48 | M / 306 | 00:15:10 / 227 | 00:06:08 / 263 | 00:48:15 / 429 | 00:02:55 / 393 | 00:26:58 / 304 | 01:39:26 | 00:40:11 |
| 375 | 16 | SZYMBORSKA DOTA | POL | ONEGINETATOPA | 78K35/12 | K / 69 | 00:19:12 / 428 | 00:05:42 / 405 | 00:45:18 / 394 | 00:02:27 / 398 | 00:26:48 / 298 | 01:39:27 | 00:40:12 |
| 376 | 447 | DĄBROWSKI PRZEMYSŁAW | POL | NIEZRZESZONY | 80M30/69 | M / 307 | 00:17:03 / 355 | 00:08:24 / 421 | 00:44:36 / 387 | 00:03:02 / 401 | 00:26:25 / 285 | 01:39:30 | 00:40:15 |
| 377 | 388 | GASIECKI GRZEGORZ | POL | KUŹNIA TRATHLONU | 73M40/49 | M / 308 | 00:17:00 / 353 | 00:06:46 / 377 | 00:43:22 / 363 | 00:02:38 / 365 | 00:29:52 / 391 | 01:39:38 | 00:40:23 |
| 378 | 286 | SAS-BOJARSKA ANNA | POL | BODY IN MOTION | 82K30/20 | K / 70 | 00:16:37 / 330 | 00:06:24 / 342 | 00:49:02 / 439 | 00:02:23 / 411 | 00:25:18 / 239 | 01:39:44 | 00:40:29 |
| 379 | 192 | KOWALEWSKA DARIA | POL | NIEZRZESZONY | 84K30/21 | K / 71 | 00:17:05 / 359 | 00:06:02 / 351 | 00:45:30 / 397 | 00:02:36 / 383 | 00:28:35 / 357 | 01:39:48 | 00:40:33 |
| 380 | 541 | FRAŃCEK KAROLINA | POL | NIEZRZESZONY | 97K16/5 | K / 72 | 00:16:49 / 340 | 00:06:24 / 358 | 00:46:40 / 411 | 00:02:30 / 391 | 00:27:25 / 318 | 01:39:48 | 00:40:33 |
| 381 | 277 | JUNAK PAWEŁ | POL | NIEZRZESZONY | 87M24/45 | M / 309 | 00:17:31 / 385 | 00:07:40 / 413 | 00:43:12 / 358 | 00:02:24 / 379 | 00:29:02 / 366 | 01:39:49 | 00:40:34 |
| 382 | 513 | KURCIN TOMASZ | POL | TRÓJMIEJSKIE PĘDZIWIATRY | 77M35/77 | M / 310 | 00:17:17 / 374 | 00:07:59 / 417 | 00:40:37 / 278 | 00:04:00 / 366 | 00:29:56 / 393 | 01:39:49 | 00:40:34 |
| 383 | 345 | BARWIŃSKI TOMASZ | POL | NIEZRZESZONY | 72M40/50 | M / 311 | 00:15:26 / 249 | 00:07:01 / 318 | 00:44:08 / 379 | 00:03:07 / 363 | 00:30:14 / 402 | 01:39:56 | 00:40:41 |
| 384 | 293 | KOZIOL BARTOSZ | POL | NIEZRZESZONY | 81M30/70 | M / 312 | 00:17:32 / 386 | 00:07:21 / 404 | 00:45:06 / 392 | 00:02:52 / 400 | 00:27:10 / 313 | 01:40:01 | 00:40:46 |
| 385 | 160 | MATYSIAK RAFAŁ | POL | NIEZRZESZONY | 70M40/51 | M / 313 | 00:18:02 / 398 | 00:08:03 / 428 | 00:38:37 / 190 | 00:04:22 / 354 | 00:30:57 / 412 | 01:40:01 | 00:40:46 |
| 386 | 36 | FLISIKOWSKI SZYMON | POL | RARAMURI | 85M24/46 | M / 314 | 00:16:45 / 336 | 00:05:58 / 331 | 00:46:20 / 405 | 00:02:50 / 386 | 00:28:10 / 342 | 01:40:03 | 00:40:48 |
| 387 | 488 | BIEŁOUS ARKADIUSZ | POL | NIEZRZESZONY | 76M35/78 | M / 315 | 00:17:09 / 364 | 00:07:38 / 399 | 00:40:24 / 271 | 00:03:48 / 351 | 00:31:07 / 416 | 01:40:06 | 00:40:51 |
| 388 | 431 | FURGOL MICHAŁ | POL | NIEZRZESZONY | 78M35/79 | M / 316 | | | 00:45:52 / 400 | 00:03:37 / 381 | 00:29:26 / 377 | 01:40:14 | 00:40:59 |
| 389 | 418 | PESCHKE MICHAŁ | POL | NIEZRZESZONY | 90M24/47 | M / 317 | 00:14:10 / 172 | 00:06:44 / 239 | 00:45:18 / 393 | 00:03:58 / 370 | 00:30:08 / 396 | 01:40:18 | 00:41:03 |
| 390 | 210 | BRESKA EWELINA | POL | NIEZRZESZONY | 73K40/8 | K / 73 | 00:18:06 / 400 | 00:06:57 / 409 | 00:44:05 / 376 | 00:02:48 / 387 | 00:28:45 / 360 | 01:40:41 | 00:41:26 |
| 391 | 551 | SZKOPEK KAROLINA | POL | NIEZRZESZONY | 84K30/22 | K / 74 | 00:18:51 / 426 | 00:07:35 / 434 | 00:46:17 / 404 | 00:03:04 / 417 | 00:25:10 / 228 | 01:40:57 | 00:41:42 |
| 392 | 517 | MIESZALSKI BARTOSZ | POL | NIEZRZESZONY | 81M30/71 | M / 318 | 00:16:28 / 325 | 00:07:29 / 382 | 00:42:20 / 335 | 00:03:50 / 369 | 00:30:54 / 409 | 01:41:01 | 00:41:46 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|--------------------------|------|----------------------|-----|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 393 | 586 | JACUNIAK MACIEJ | POL | NIEZRZESZONY | 65 | M / 319 | 00:15:06 / 224 | 00:05:49 / 240 | 00:42:08 / 332 | 00:05:01 / 334 | 00:33:06 / 436 | 01:41:10 | 00:41:55 |
| 394 | 62 | MIENIK TOMASZ | POL | NIEZRZESZONY | 70 | M / 320 | 00:17:53 / 396 | 00:07:17 / 412 | 00:46:19 / 406 | 00:03:04 / 413 | 00:26:38 / 291 | 01:41:11 | 00:41:56 |
| 395 | 19 | DRAGAN KAROL | POL | NIEZRZESZONY | 74 | M / 321 | 00:14:52 / 211 | 00:06:14 / 252 | 00:48:54 / 438 | 00:02:34 / 397 | 00:28:37 / 358 | 01:41:11 | 00:41:56 |
| 396 | 460 | SZURKOWSKI ANDRZEJ | POL | UROVITA TEAM CHORZÓW | 57 | M / 322 | 00:17:35 / 389 | 00:07:06 / 394 | 00:43:09 / 357 | 00:04:03 / 385 | 00:29:27 / 378 | 01:41:20 | 00:42:05 |
| 397 | 424 | BORKOWSKA IWONA | POL | NIEZRZESZONY | 79 | K / 75 | 00:16:16 / 316 | 00:06:50 / 350 | 00:46:57 / 414 | 00:03:23 / 405 | 00:28:09 / 341 | 01:41:35 | 00:42:20 |
| 398 | 141 | OHLER JAROSŁAW | POL | NIEZRZESZONY | 59 | M / 323 | 00:18:35 / 416 | 00:07:54 / 435 | 00:43:07 / 355 | 00:02:53 / 396 | 00:29:24 / 376 | 01:41:53 | 00:42:38 |
| 399 | 86 | STACHAŃCZYK WIESIA | POL | NIEZRZESZONY | 81 | K / 76 | 00:19:53 / 438 | 00:07:25 / 443 | 00:42:27 / 339 | 00:03:51 / 406 | 00:28:49 / 363 | 01:42:25 | 00:43:10 |
| 400 | 38 | WIELEBA DANIEL | POL | NIEZRZESZONY | 84 | M / 324 | 00:16:01 / 294 | 00:06:41 / 329 | 00:46:22 / 408 | 00:03:14 / 390 | 00:30:18 / 403 | 01:42:36 | 00:43:21 |
| 401 | 545 | ŚWIACKI ŁUKASZ | POL | NIEZRZESZONY | 80 | M / 325 | 00:16:09 / 303 | 00:06:59 / 352 | 00:48:04 / 427 | 00:02:53 / 407 | 00:29:03 / 369 | 01:43:08 | 00:43:53 |
| 402 | 430 | PATYK MACIEJ | POL | NIEZRZESZONY | 89 | M / 326 | 00:18:03 / 399 | 00:06:47 / 400 | 00:47:43 / 423 | 00:02:13 / 415 | 00:28:30 / 353 | 01:43:16 | 00:44:01 |
| 403 | 380 | MAKOLA-KALEJTA KATARZYNA | POL | NIEZRZESZONY | 85 | K / 77 | 00:18:18 / 409 | 00:08:20 / 438 | 00:43:28 / 365 | 00:03:20 / 404 | 00:29:50 / 386 | 01:43:16 | 00:44:01 |
| 404 | 308 | MAKAREWICZ PIOTR | POL | NIEZRZESZONY | 82 | M / 327 | 00:15:30 / 254 | 00:05:54 / 268 | 00:46:04 / 401 | 00:04:47 / 389 | 00:31:04 / 415 | 01:43:19 | 00:44:04 |
| 405 | 534 | GRECZYŁO EWA | POL | GO TRI KKS TEAM | 74 | K / 78 | 00:16:15 / 315 | 00:05:29 / 286 | 00:47:51 / 424 | 00:02:50 / 392 | 00:31:16 / 418 | 01:43:41 | 00:44:26 |
| 406 | 371 | WODYŃSKA-STOSIK NATALIA | POL | TRIMAMA | 81 | K / 79 | 00:17:29 / 383 | 00:06:19 / 380 | 00:47:14 / 419 | 00:03:05 / 408 | 00:29:51 / 387 | 01:43:58 | 00:44:43 |
| 407 | 104 | SKOWROŃSKA ANNA | POL | STOPA SŁUPSK | 76 | K / 80 | 00:21:29 / 444 | 00:05:55 / 444 | 00:44:09 / 380 | 00:02:44 / 410 | 00:29:52 / 390 | 01:44:09 | 00:44:54 |
| 408 | 30 | SKOWROŃSKI ŁUKASZ | POL | SKLA TRIATHLON TEAM | 72 | M / 328 | 00:21:29 / 445 | 00:05:59 / 446 | 00:44:02 / 375 | 00:02:46 / 409 | 00:29:53 / 392 | 01:44:09 | 00:44:54 |
| 409 | 146 | BARTKOWSKA ANNA | POL | NIEZRZESZONY | 82 | K / 81 | 00:15:30 / 255 | 00:05:30 / 246 | 00:48:16 / 430 | 00:02:52 / 388 | 00:32:14 / 429 | 01:44:22 | 00:45:07 |
| 410 | 43 | KIEPUSZEWSKI ADRIAN | POL | NIEZRZESZONY | 84 | M / 329 | 00:13:37 / 129 | 00:06:22 / 190 | 00:44:37 / 388 | 00:04:22 / 350 | 00:36:06 / 446 | 01:45:04 | 00:45:49 |
| 411 | 39 | NIKODEMSKA JOANNA | POL | KKS | 84 | K / 82 | 00:16:53 / 345 | 00:06:43 / 369 | 00:46:25 / 409 | 00:03:24 / 403 | 00:32:13 / 428 | 01:45:38 | 00:46:23 |
| 412 | 509 | WACH PIOTR | POL | TEAM HERBALIFE | 90 | M / 330 | 00:19:53 / 437 | 00:15:05 / 461 | 00:42:50 / 348 | 00:03:06 / 448 | 00:25:11 / 231 | 01:46:05 | 00:46:50 |
| 413 | 458 | GORECKI WOJCIECH | POL | NIEZRZESZONY | 96 | M / 331 | 00:17:18 / 376 | 00:08:49 / 429 | 00:50:02 / 446 | 00:03:17 / 438 | 00:26:50 / 299 | 01:46:16 | 00:47:01 |
| 414 | 501 | NOSIADEK MARTA | POL | TEAM HERBALIFE | 86 | K / 83 | 00:20:05 / 441 | 00:07:32 / 447 | 00:45:23 / 395 | 00:03:16 / 420 | 00:30:06 / 395 | 01:46:22 | 00:47:07 |
| 415 | 347 | PACIOREK JAKUB | POL | NIEZRZESZONY | 84 | M / 332 | 00:18:08 / 401 | 00:07:08 / 416 | 00:48:43 / 436 | 00:03:13 / 424 | 00:29:28 / 379 | 01:46:40 | 00:47:25 |
| 416 | 126 | GÓRZYŃSKI KRZYSZTOF | POL | NIEZRZESZONY | 83 | M / 333 | 00:13:36 / 127 | 00:07:46 / 266 | 00:45:26 / 396 | 00:03:56 / 378 | 00:36:04 / 445 | 01:46:48 | 00:47:33 |
| 417 | 484 | JAKUBOWSKA MONIKA | POL | NIEZRZESZONY | 69 | K / 84 | 00:15:59 / 289 | 00:07:15 / 360 | 00:49:12 / 441 | 00:02:47 / 416 | 00:32:32 / 432 | 01:47:45 | 00:48:30 |
| 418 | 93 | NIEDEK MARIA | POL | NIEZRZESZONY | 97 | M / 334 | 00:14:33 / 192 | 00:06:23 / 241 | 00:54:46 / 460 | 00:04:39 / 443 | 00:27:26 / 319 | 01:47:47 | 00:48:32 |
| 419 | 94 | NIEDEK PIOTR | POL | NIEZRZESZONY | 74 | M / 335 | 00:14:33 / 193 | 00:06:37 / 256 | 00:53:57 / 459 | 00:05:13 / 442 | 00:27:32 / 325 | 01:47:52 | 00:48:37 |
| 420 | 153 | BORZĘCKA KAJA | POL | NIEZRZESZONY | 89 | K / 85 | 00:18:12 / 406 | 00:06:51 / 410 | 00:44:37 / 389 | 00:03:29 / 402 | 00:34:54 / 440 | 01:48:03 | 00:48:48 |
| 421 | 188 | KUJAWIŃSKI ROBERT | POL | NIEZRZESZONY | 79 | M / 336 | 00:19:30 / 434 | 00:05:52 / 419 | 00:49:24 / 443 | 00:03:23 / 428 | 00:30:09 / 397 | 01:48:18 | 00:49:03 |
| 422 | 510 | ZAGDAN RAFAŁ | POL | NIEZRZESZONY | 86 | M / 337 | 00:18:27 / 414 | 00:07:56 / 433 | 00:48:05 / 428 | 00:04:11 / 433 | 00:29:47 / 384 | 01:48:26 | 00:49:11 |
| 423 | 525 | LUGOWSKA JUSTYNA | POL | NIEZRZESZONY | 80 | K / 86 | 00:17:18 / 377 | 00:07:35 / 403 | 00:49:33 / 445 | 00:02:27 / 422 | 00:32:03 / 427 | 01:48:56 | 00:49:41 |
| 424 | 13 | GLINKA KATARZYNA | POL | NIEZRZESZONY | 77 | K / 87 | 00:17:10 / 365 | 00:06:15 / 365 | 00:51:41 / 453 | 00:03:14 / 429 | 00:30:45 / 407 | 01:49:05 | 00:49:50 |
| 425 | 218 | SAMSEL MARIUSZ | POL | NIEZRZESZONY | 66 | M / 338 | 00:18:22 / 410 | 00:06:59 / 418 | 00:48:26 / 433 | 00:04:07 / 426 | 00:31:25 / 419 | 01:49:19 | 00:50:04 |
| 426 | 372 | JANIK MAREK | POL | KB BIALA BIEGA | 63 | M / 339 | 00:20:44 / 443 | 00:06:58 / 448 | 00:44:25 / 384 | 00:03:58 / 419 | 00:33:15 / 437 | 01:49:20 | 00:50:05 |

| Msc | Nr | Nazwisko i imię | Kraj | Drużyna | R-k | W kategorii | T1 | T2 | Wynik | Strata | | | |
|------|-----|--------------------------|------|------------------------------|----------|-------------|----------------|----------------|----------------|----------------|----------------|----------|----------|
| Rank | Bib | Name | Nat. | Team | YoB | in Age | Pływanie | Poz. po T1 | Rower | Poz. po T2 | Bieg | Time | Diff. |
| 427 | 288 | KONCKA-OLEJNIK AGNIESZKA | POL | TRIAKTYWNY PIOTRKÓW | 75K35/16 | K / 88 | 00:19:28 / 433 | 00:07:27 / 441 | 00:48:04 / 426 | 00:03:23 / 431 | 00:31:00 / 413 | 01:49:22 | 00:50:07 |
| 428 | 267 | SAWICKA IWONA | POL | AKADEMIA BIEGANIA / XTRAINER | 82K30/28 | K / 89 | 00:19:14 / 430 | 00:08:13 / 445 | 00:47:32 / 421 | 00:02:48 / 425 | 00:31:44 / 423 | 01:49:31 | 00:50:16 |
| 429 | 353 | GLODKOWSKI OLGIERD | POL | WESOLA TEAM | 74M40/56 | M / 340 | 00:19:42 / 436 | 00:09:46 / 454 | 00:43:57 / 372 | 00:05:24 / 434 | 00:30:54 / 410 | 01:49:43 | 00:50:28 |
| 430 | 198 | DŁUGOSZ-GORECKA ADA | POL | NIEZRZESZONY | 85K24/19 | K / 90 | 00:15:59 / 290 | 00:07:01 / 341 | 00:49:06 / 440 | 00:02:39 / 414 | 00:35:13 / 441 | 01:49:58 | 00:50:43 |
| 431 | 332 | ŁAWICKI JANUSZ | POL | NIEZRZESZONY | 66M45/17 | M / 341 | 00:19:58 / 440 | 00:08:20 / 452 | 00:46:43 / 413 | 00:04:00 / 436 | 00:31:02 / 414 | 01:50:03 | 00:50:48 |
| 432 | 151 | WIATRAK IZABELA | POL | NIEZRZESZONY | 90K24/20 | K / 91 | 00:17:09 / 363 | 00:08:04 / 414 | 00:48:54 / 437 | 00:06:05 / 441 | 00:30:45 / 408 | 01:50:57 | 00:51:42 |
| 433 | 203 | ZAJĄC EWA | POL | NIEZRZESZONY | 85K24/21 | K / 92 | 00:16:18 / 319 | 00:06:32 / 335 | 00:48:21 / 431 | 00:03:15 / 412 | 00:36:59 / 451 | 01:51:25 | 00:52:10 |
| 434 | 140 | LISTWOŃ JUSTYNA | POL | TRICLUB | 80K30/29 | K / 93 | 00:19:34 / 435 | 00:06:43 / 432 | 00:50:28 / 448 | 00:02:43 / 439 | 00:32:00 / 426 | 01:51:28 | 00:52:13 |
| 435 | 101 | REPTA NATALIA | POL | SLOW FLOW TRI TEAM | 87K24/22 | K / 94 | 00:18:25 / 413 | 00:07:21 / 426 | 00:50:34 / 449 | 00:03:18 / 440 | 00:31:51 / 424 | 01:51:29 | 00:52:14 |
| 436 | 504 | PULCOVA MIRIAM | POL | TEAM HERBALIFE | 77K35/17 | K / 95 | 00:22:04 / 447 | 00:08:21 / 458 | 00:46:15 / 403 | 00:03:47 / 445 | 00:31:29 / 420 | 01:51:56 | 00:52:41 |
| 437 | 205 | FIJAŁKOWSKI ANDRZEJ | POL | NIEZRZESZONY | 64M50/9 | M / 342 | 00:18:31 / 415 | 00:11:24 / 455 | 00:42:21 / 336 | 00:07:06 / 437 | 00:32:58 / 435 | 01:52:20 | 00:53:05 |
| 438 | 309 | LEBRAND KATARZYNA | POL | NIEZRZESZONY | 80K30/30 | K / 96 | 00:17:59 / 397 | 00:06:39 / 393 | 00:48:00 / 425 | 00:03:47 / 421 | 00:35:56 / 444 | 01:52:21 | 00:53:06 |
| 439 | 85 | KNIGAWKA AGNIESZKA | POL | COMPLEXSPORT | 79K35/18 | K / 97 | 00:17:25 / 380 | 00:06:52 / 388 | 00:47:32 / 420 | 00:04:07 / 418 | 00:36:31 / 447 | 01:52:27 | 00:53:12 |
| 440 | 352 | ŁADKA SYLWIA | POL | NIEZRZESZONY | 84K30/31 | K / 98 | 00:18:18 / 408 | 00:06:57 / 415 | 00:51:54 / 454 | 00:03:21 / 446 | 00:32:17 / 431 | 01:52:47 | 00:53:32 |
| 441 | 506 | ROSZCZYK KAROLINA | POL | TEAM HERBALIFE | 86K24/23 | K / 99 | 00:18:38 / 418 | 00:07:59 / 437 | 00:50:16 / 447 | 00:03:33 / 444 | 00:32:44 / 434 | 01:53:10 | 00:53:55 |
| 442 | 139 | JARLIŃSKA BOŻENA | POL | ORKA IŁAWA | 70K40/11 | K / 100 | 00:21:33 / 446 | 00:06:18 / 450 | 00:53:21 / 458 | 00:02:36 / 452 | 00:29:48 / 385 | 01:53:36 | 00:54:21 |
| 443 | 227 | MARKOWSKI JACEK | POL | DZIADEK JACEK TEAM | 55M55/5 | M / 343 | 00:24:51 / 451 | 00:08:07 / 460 | 00:46:41 / 412 | 00:02:54 / 451 | 00:31:10 / 417 | 01:53:43 | 00:54:28 |
| 444 | 20 | GALEK TOMASZ | POL | NIEZRZESZONY | 82M30/78 | M / 344 | 00:18:23 / 411 | 00:08:30 / 440 | 00:47:34 / 422 | 00:03:34 / 427 | 00:35:48 / 442 | 01:53:49 | 00:54:34 |
| 445 | 304 | RUMIN MAREK | POL | NIEZRZESZONY | 82M30/79 | M / 345 | 00:19:54 / 439 | 00:08:34 / 453 | 00:53:14 / 457 | 00:02:38 / 454 | 00:29:41 / 383 | 01:54:01 | 00:54:46 |
| 446 | 149 | OPIELA MARIA | POL | NIEZRZESZONY | 82K30/32 | K / 101 | 00:17:09 / 362 | 00:06:36 / 376 | 00:51:40 / 452 | 00:03:32 / 435 | 00:35:55 / 443 | 01:54:52 | 00:55:37 |
| 447 | 409 | ŁUCYK MAREK | POL | GDYNIASPORT.PL | 77M35/81 | M / 346 | 00:17:29 / 382 | 00:07:55 / 420 | 00:49:28 / 444 | 00:03:29 / 430 | 00:36:42 / 448 | 01:55:03 | 00:55:48 |
| 448 | 303 | GUMIŃSKI ŁUKASZ | POL | KB CASTELLANUS | 78M35/82 | M / 347 | 00:16:59 / 351 | 00:06:49 / 379 | 00:49:16 / 442 | 00:03:53 / 423 | 00:38:24 / 454 | 01:55:21 | 00:56:06 |
| 449 | 508 | TRALEWSKA BARBARA | POL | TEAM HERBALIFE | 80K30/33 | K / 102 | 00:22:09 / 448 | 00:08:13 / 457 | 00:46:20 / 407 | 00:03:56 / 447 | 00:34:43 / 439 | 01:55:21 | 00:56:06 |
| 450 | 29 | WEPA HANNA | POL | NIEZRZESZONY | 59K40/12 | K / 103 | 00:18:47 / 423 | 00:07:27 / 431 | 00:48:29 / 434 | 00:03:48 / 432 | 00:37:56 / 453 | 01:56:27 | 00:57:12 |
| 451 | 310 | SADOWSKA MAGDALENA | POL | NIEZRZESZONY | 79K35/19 | K / 104 | 00:17:05 / 358 | 00:07:48 / 402 | 00:57:22 / 461 | 00:03:13 / 455 | 00:31:36 / 421 | 01:57:04 | 00:57:49 |
| 452 | 305 | KAJRUKSZTO MACIEJ | POL | ARCADIS RUNNING TEAM | 85M24/51 | M / 348 | 00:19:07 / 427 | 00:07:35 / 439 | 00:51:12 / 450 | 00:03:04 / 449 | 00:36:58 / 450 | 01:57:56 | 00:58:41 |
| 453 | 72 | SULKOWSKI BRONISŁAW | POL | NIEZRZESZONY | 64M50/10 | M / 349 | 00:19:14 / 431 | 00:07:22 / 436 | 00:52:27 / 455 | 00:02:59 / 450 | 00:36:43 / 449 | 01:58:45 | 00:59:30 |
| 454 | 63 | SZMELTER JAKUB | POL | NIEZRZESZONY | 97M16/16 | M / 350 | 00:16:55 / 347 | 00:09:14 / 430 | 01:03:27 / 462 | 00:02:15 / 457 | 00:32:17 / 430 | 02:04:08 | 01:04:53 |
| 455 | 491 | KOWALSKI ŁUKASZ | POL | IP TEAM | 79M35/83 | M / 351 | 00:16:40 / 332 | 00:10:23 / 442 | 00:52:37 / 456 | 00:04:15 / 453 | 00:44:02 / 456 | 02:07:57 | 01:08:42 |
| 456 | 47 | MAKSYMIOUK MARTYNA | POL | NIEZRZESZONY | 91K20/8 | K / 105 | 00:28:20 / 454 | 00:08:18 / 462 | 00:48:29 / 435 | 00:03:42 / 456 | 00:39:27 / 455 | 02:08:16 | 01:09:01 |
| 457 | 350 | WITKOWSKI JAROSŁAW | POL | RMDC | 58M55/6 | M / 352 | 00:26:28 / 453 | 00:12:01 / 463 | 00:48:23 / 432 | 00:06:06 / 458 | 00:37:02 / 452 | 02:10:00 | 01:10:45 |
| 458 | 559 | SLANY JAN | POL | GTL | 64M50/11 | M / 353 | 00:30:19 / 455 | 00:08:58 / 464 | 00:51:32 / 451 | 00:04:14 / 459 | 00:46:24 / 457 | 02:21:27 | 01:22:12 |
| | 7 | CZYSZ ROBERT | POL | UAM SZPOT TRIATHLON POZNAŃ | 94 | | 00:08:57 / 9 | 00:02:54 / 5 | | | | DNF | |
| | 79 | PAŁASZ EDMUND | POL | (NIEPEŁNOSPRAWNY) RUMIA | 47 | | 00:22:21 / 450 | 00:07:55 / 456 | 00:28:20 / 3 | 00:01:30 / 158 | 00:47:31 / 458 | DSQ | |

| <i>Msc</i> | <i>Nr</i> | <i>Nazwisko i imię</i> | <i>Kraj</i> | <i>Drużyna</i> | <i>R-k</i> | <i>W kategorii</i> | | | | <i>T1</i> | <i>T2</i> | | <i>Wynik</i> | <i>Strata</i> |
|-------------|-------------|------------------------|-------------|----------------|------------|--------------------|-----------------|-------------------|----------------|-------------------|----------------|-------------|--------------|---------------|
| <i>Rank</i> | <i>Bib</i> | <i>Name</i> | <i>Nat.</i> | <i>Team</i> | <i>YoB</i> | <i>in Age</i> | <i>Pływanie</i> | <i>Poz. po T1</i> | <i>Rower</i> | <i>Poz. po T2</i> | <i>Bieg</i> | <i>Time</i> | <i>Diff.</i> | |
| 102 | PRASEK | MAGDALENA | POL | SSP ORKA | 84 | | 00:13:12 / 98 | 00:05:30 / 127 | 00:37:25 / 148 | 00:02:28 / 120 | 00:22:27 / 104 | DSQ | | |
| 376 | GRZENKOWICZ | JACEK | POL | NIEZRZESZONY | 66 | | 00:16:52 / 344 | 00:05:45 / 325 | | | | DNF | | |
| 495 | GOUR | MICHAEL BEN | POL | TEAM HERBALIFE | 84 | | 00:22:18 / 449 | 00:09:38 / 459 | 00:23:19 / 1 | 00:03:48 / 138 | 00:25:07 / 226 | DSQ | | |
| 496 | GOUR | BEN | POL | TEAM HERBALIFE | 84 | | 00:18:49 / 424 | 00:08:56 / 449 | 00:27:16 / 2 | 00:04:04 / 141 | | DSQ | | |